



FRATERNAL JOURNAL

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31st Annual Debutante Ball Invites You To Mark Tradition

The Polish Union of USA, invites you to participate in our Thirty-first Annual Debutante Ball. This special tradition dating back to 1748, is held in your honor, to present you into society. Any female, who is a member of the Polish Union, between the ages of 15-19 years old qualifies to become a Debutante. Applicants must be a current member of the Polish Union. New applicants must have a policy by September 1st of the current year, and paid by October 1st to participate.



An evening of elegance and life-long memories await participants in the Thirty-First Annual Debutante Ball.

The only commitment expected of all Debutantes is to attend two dance rehearsals, at which time you will learn the traditional Polonaise Waltz. There will be no cost to you for the dance rehearsals, the tickets for yourself and your escort, and also your escorts Tuxedo will be provided at no charge. All Debutantes and Escorts will also receive a DVD, compliments of the Polish Union, as a special keepsake for participating in this wonderful affair.

As a debutante you will also have the opportunity to receive a \$500 Scholarship Grant, compliments of the daughters of the late Marion Vrabel. Please see the enclosed information regarding the Scholarship Grant.

The Debutante Ball will take place on Saturday, November 7th, 2009, 5:30pm at Genetti Manor, Dickson City, PA. Presentation of the Debutantes will be before

dinner. Dancing and refreshments will be from 7 to 11 pm. It promises to be a wonderful evening as always!

If you are interested in being part of this tradition, please complete the application which can be found on our website: www.PolishUnionUSA.com and forward it along with two recent photos of yourself to: Polish Union of USA, 53-59 N. Main Street, PO Box 660, Wilkes-Barre, PA, 18703 by Friday, August 28th, 2009. The first five applications will receive a gift, compliments of the Polish Union, for your outstanding punctuality!

If you have any other questions regarding this beautiful social event, or you would like to see a tape of a previous Ball, please feel free to contact the home office at (570) 823-1611 or e-mail Ball Chair Emily Huber at Casper3819@aol.com.

You Could Be Our Miss Polish Union for 2010

The Polish Union of USA, extends an invitation to any female member, between the ages of 15-19, to participate in becoming our new "Miss Polish Union" 2009-2010.

This is a great opportunity to meet people and attend interesting events throughout the reign. "Miss Polish Union" is the organization's representative at various activities, including, but not limited to, Parades, the Wafer Supper "Wigilia", St. Joseph's Dinner, the Children's Easter, Christmas and Halloween Parties as well as other activities.

If you are interested, please submit the application found on our website: www.PolishUnionUSA.com with some background information about yourself and a recent 8" X 10" photo to: Polish Union of

USA by September 1, 2009.

If there are any questions that you may have, please feel free to contact the home office at (570) 823-1611 or email Chairperson Sheri Pudlosky-Brierley at psuspb@verizon.net or contact her after 5:00 p.m. at (610) 517-5505.

This year's crowning of "Miss Polish Union" and her court will take place in November 2009. The exact date, time and location are still being finalized.

Thank you in advance for your interest. I know this event will be one that you will always remember.

Sheri Pudlosky-Brierley
2009-2010 Ms. Polish Union Chairperson

Gowat Studies Down Under

Bucknell University junior and Polish Union member Randy Gowat, is studying in Australia during the spring semester as part of the University's study abroad program.

Gowat is majoring in civil and environmental engineering at Bucknell. During his semester abroad, he is posting an online web log of his experiences while studying at the University of New South Wales near Sydney.

The blog, which may be accessed at <http://blogs.bucknell.edu/studyabroad/gowat/>, contains an account of his activities in Australia and during a visit to New Zealand.

The son of Mary Frances and Gregory Gowat, Peckville, Gowat is a graduate of Valley View High School, Archbald. While at Bucknell he has been named to the dean's list and served as class secretary/treasurer with the Bucknell Student Government, and as a New Student Orientation coordinator. He is co-founder and treasurer of Global Engineering Opportunities for Bucknell Engineers as well as co-founder and vice president of Kappa Sigma fraternity.

Wildlife park visit

In his most recent blog entry, Gowat describes a trip to a wildlife park in the Blue Mountains to view animal species that are exclusive to Australia. His entry includes photos and a video.

"Our weekend trip into the Blue Mountains started off with a highly anticipated afternoon visit to the pleasant little animal reserve known as the Featherdale Wildlife Park. We had all been in Australia for several weeks and still hadn't encoun-



tered many of the animal species that are exclusive to Australia, so this stop was a real treat."

Gowat, who began his blog in mid-February when he arrived in Australia, plans to continue posting through late June.

More than 40 percent of Bucknell's students study one or more semesters in approved programs and universities around the globe.

Bucknell University in Lewisburg, Pa., was founded in 1846, and offers professional programs in engineering, education, music and management, preprofessional programs in law and medicine, and master's degrees in selected disciplines.

NJ Frats Celebrate Flag Day




Charlotte L. Androckitis, FIC, General Secretary of the Polish Union is the President for the NJFC for this year.

At the last Board Meeting, Charlotte led the Officers and Board Members of the NJFC in a tribute to Flag Day. This is an annual event that is held each year at the Congress's June Board Meeting.

Pictured above are those Past Presidents, current Officers and Board Members of the New Jersey Fraternal Congress that attended the Board Meeting.

Contribute To The Educational Fund



Created by the Polish Union of U.S.A., the Henry J. Dende Educational Fund provides the monies to issue scholarships to our young member each year.

We appeal to our members to contribute to the fund on a regular basis. We also encourage you to consider naming the Educational Fund as the beneficiary on your insurance certificate.

Send Donations To:
Polish Union of U.S.A. •
Henry J. Dende
Educational Fund •
P.O. Box 660 •
Wilkes-Barre, PA 18703

In Memoriam

Our sympathy to the families of recently deceased members of Polish Union of U.S.A.

Group	Member	State
100	Frank Niezgoda	PA
275	Edward Strzempa	IL
385	Edward Kopacki	CA
182	Angela Thompson	PA
131	Mary A. Daniel	PA
230	Robert Stachel	AZ
258	Sylvia Redman	WI
395	Mary Beekman	PA
240	Helen Yannich	NJ
163	Piotr Tama	OH
206	Helena Bonk	PA
230	Wanda Durka	IL
221	Elizabeth Stanuch	IL
392	Eleanor Goos	PA
320	Zofia Batten	PA
401	Maryanna Rossmell	PA
401	Jozef Roznowski	NJ
74	Henryk Organek	PA
25	Joseph Kadziela	NJ
401	Tillie Rock	PA
275	Thomas J. Bednarke	IL
401	Bronislaw Morley	MD

† † †

May the souls of the faithful departed rest in peace.

† † †

A Mass for deceased members is celebrated monthly by Chaplain Rev. Patrick L. Albert

What Is Fraternalism?

All fraternalists have a common bond of fraternalism whether it be within the community or a parish, sharing is the heart of fraternalism. “Fraternalism” sums up the major aim of our organization—Polish Union of U.S.A. We aren’t only concerned with providing our members financial security, we are interested in giving our members the opportunity to enhance the quality of their personal and social lives. Becoming active in Polish Union U.S.A. can become “Very Beneficial” to you and others too.


Life insurance has always been an important way to protect yourself. Some people believe they don’t need life insurance because they are in good health. However, that is exactly why a person should purchase life insurance. If you are in poor health, no insurance company or fraternal organization will sell you life insurance.

Many people think they have enough life insurance, but do they? At the present time, an average funeral cost between \$8,000.00 and \$10,000.00. What about all the other bills such as hospital, doctor and etc? Where will the money come from? No one wants to leave financial burdens to our loved ones. So now is the time to buy life insurance for you and your family from Polish Union U.S.A.

Our fraternal organization offers social and educational activities for all ages. The only way our members can really take advantage of all of our fraternal benefits is by participating in Polish Union activities such as scholarship aid program, crafts, holiday parties, family picnic, “Miss Polish Union” and the Annual Debutante Ball.

For 118 years, Polish Union U.S.A. has been helping families share love and togetherness through its life insurance plans and fraternal activities.

Parents and Grandparents: This is a good



President's Desk


ROSE A. WARTKO

time to check if all of your children and grandchildren are members of Polish Union. If so, do they have enough life insurance? Did you know that Polish Union has increased the scholarship aid program to students attending college this year? A student must be a member of Polish Union for five years to receive \$200.00 a year and must have \$5,000.00 of life insurance and to receive \$300.00 a year, the student must have \$7,500.00 of life insurance and to receive \$400.00 a year, the student must have \$10,000.00 of life insurance and a student that has \$20,000.00 and over of life insurance will receive \$800.00 a year. If your children are not members of Polish Union, now is the time to enroll them or to buy additional insurance. Life insurance is one of the way a parent can demonstrate love to a family member.

Have you updated your policy lately? Did you check the beneficiary on your insurance policy lately? Did you got married recently—do you need to change your name on the policy—have you moved and need to change your address with us? If any of the above questions is a yes, please contact your group secretary or call Polish Union at (570) 823-1611 and Chris or Linda will be glad to help you. Thank you.

Find Fraternal Journal File Articles and Get The Latest Information At:

POLISHUNIONUSA.COM



Home Office of the Polish Union of U.S.A., Downtown, Wilkes-Barre, PA

The beautifully designed edifice was dedicated in 1938. the lower floor contains a two-room auditorium. Business offices and board room are located on the second floor. there are many designs on the exterior and interior of the building which refers to the fraternal's ethnic heritage.

Polish Union of U.S.A. Officers and Board Members 2006-2010

President: Rose Wartko, 1st Floor, 848 N. Main Ave, Scranton, PA 18504 •.
General Secretary: Charlotte L. Androckitis 53-.S9 N. Main St., Wilkes-Barre, PA 18701
Treasurer: John Bednarski 327 Lee Park Ave., Wilkes-Barre, PA 18702
1st Vice-President: Bernard Kolodziej 36 Goodwin Dr., Hunlock Creek, PA 18621
2nd Vice-President: Alice Czyzyk 600 Beech St., Scranton. PA 18505
Medical Examiner: Dr. Leon Skweir. M.D. 2060 Minesite Rd., Allentown. PA. 18103
General Counsel: Jeffrey J. Malak 138 S. Main St., Wilkes-Barre, PA 18703
Chaplain: Rev. Patrick L. Albert 612 Hudson St., Forest City, PA 18431

DIRECTORS

Mrs. Anastasia Bachurek 1083 Carmalt St., Dickson City, PA 18519
Mr. William J. Giebus 90 Warner St., Plains, PA I8705
Mr. Joseph P. Pudlosky, Jr., 15 Sunset Lake Rd., Hunlock Creek, PA 18621
Mrs. Terri Rumensky 620 Pancoast St., Dickson City PA I 8519
Mr. Chester P. Tracewski, Jr. 112 First St., Blakely, PA 18447

DISTRICT DIRECTORS ILLINOIS & MID-WEST

Mrs. Toni Storts 1816 Downing Ave., Westchester, IL 60154
Mrs. Joan Wisinski 13210 S. 85th Ave, Palos Park, IL 60464

HONORARY OFFICERS

Joseph A. Zak, Hon. Vice President; Bernard Kolodziej, Hon. Vice-President; Helen Czeck, Hon. Ass't Secretary; Aloysius Bogusko. Hon. Director; Loretta Chiskowski, Hon. Director.

Honorary Member

Cardinal Adam Maida, Archbishop of Detroit

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Phone (570) 823-1611 • FAX (570) 829-7849

E-mail POLUNION@EPIX.NET

Union News Notes

Constitution & By-Laws Committee Named

The following persons were appointed by President Rose Wartko and approved by the Board to serve on the Constitution and By-Laws Committee for the 2010 Polish Union Quadrennial Convention. They are: Chairperson: Atty. Jeffrey J. Malak; Committee Members: 1st Vice President Kolodziej; General Secretary Androckitis; Treasurer Bednarski; and President Wartko. Members are asked to send their recommendations for changes to Atty. Malak at the Polish Union Office.

Looking For E-Mail Addresses

We are in the process of trying to move further into the computer age and we need your help. We have been trying to gather the email addresses of our existing members for easier contact. You can send yours to: E-mail POLUNION@EPIX.NET. We would also appreciate if Group Secretaries would contact their existing members to see if they have e-mail addresses. Also, when signing up new members please print their e-mail address (if they have one) on the back side of the application under “Remarks”.

Council 17 To Meet

P.K. Dende, President of Lackawanna County Council #17 has announced her next meeting date. It will be held on Tuesday, September 22, 2009 from 5:30 till 7:30 p.m., at the Msgr. Novak Center, Scranton, PA. The agenda and the speaker for that evening will be announced at a later date.

PFC Legislative Luncheon

The Fraternalists of Northeast Pennsylvania were well represented at the recent **Pennsylvania Fraternal Congress Legislative Luncheon held in Harrisburg, PA.** Pictured below are current and past Officers of the Fraternalists of NEPA, they are:

Sitting: Charlotte L. Androckitis, Polish Union of USA; Mary Jo Savidge & Theresa Kluchinski of the Ladies Pennsylvania Slovak Catholic Union.
Sttanding: John C. Andrzejewski, III, Polish National Union; Rose Wartko, Polish Union of USA; and Bernard Golubiewski, Polish National Union.



Top Sales Performers
For 2008 Honored

At their recent Annual Meeting Dinner, the Board of Directors of the Polish Union of USA honored their top sales performers for the year of 2008. They were treated to dinner which was held at The Cafe Restaurant in Wilkes-Barre, PA and were presented a money award. President, Rose Wartko did all of the presentations except her check for 1st place in number of policies sold which was presented to her by General Secretary Charlotte L. Androckitis. Others at the dinner receiving checks were: Norbert Dembinski, 1st Place face amount of insurance sold; Charlotte L. Androckitis, second

place number of policies sold and William Giebus, 2nd place premium income. Those also receiving monetary awards and not present at the dinner were: Nancy Bergen, New Jersey, 1st place Premium Income and Bernard Kolodziej, 2nd Place Face Amount. District Directors from Illinois, Toni Storts and Joan Wisniski were present to see the awards being distributed. Other licensed agents of the Polish Union making sales during the 2008 year are listed below. Our sincere thanks to all of those that worked so hard during the past year on behalf of the Polish Union of USA.

Licensed Agents/Group
Secretaries Total Sales
Approved In 2008

GROUP	LICENSED AGENT / GROUP SECRETARY	#POLICIES SOLD	FACE AMOUNT
321	ANDROCKITISCHARLOTTE	4	5000
392	ANDROCKITIS CHARLOTTE	6	23000
320	ARNOLD MARY ANN	4	14000
163	BACHUREK ANASTASIA	2	10000
405	BEDNARSKI JOHN	2	15000
155	BERGEN NANCY	1	50000
321	CHESNOVITCH EDWARD	1	1000
401	CHESNOVITCH EDWARD	5	21000
073	CZECK HELEN	1	5000
407	DEMBINSKI NORBERT	11	87000
401	FLOREY THOMAS	20	172500
070	GIEBUS WILLIAM	6	37000
073	HOWELL LINDA	1	3000
155	HOWELL LINDA	1	3000
401	HOWELL LINDA	2	20000
131	KOLODZIEJ BERNARD	6	57000
265	LUKACINSKY MARGO	1	1000
392	PAGODA CHRISTINE	1	10000
189	PELCZAR MARGARET	3	15000
258	ROSNER KATHY	1	10000
406	SIRAK ANITA	3	11000
230	STORTS TONI	3	6000
051	STRZELECKI ANTHONY	1	9000
227	TRACEWSKI CHESTER	1	10000
400	WARTKO ROSE	11	87000
175	ZAK JOSEPH	3	23000
TOTALS		101	705500

Council 17 Enjoys Meeting

Council 17 of the Polish Union enjoyed a sumptuous luncheon at a recent meeting which was both well attended and well received.



Council 17 President PK Dende, right, presents a check to Polish Union President Rose Wartko on behalf of the Council towards the fraternal’s Henry J. Dende Scholarship Fund.

We need YOUR help to make our
Tree of Knowledge
Grow!



The Polish Union of USA is seeking donations toward the Polish Union Educational Fund.

Each year, those who donate to the Scholarship Fund will receive a leaf on the Polish Union Tree of Knowledge, as well as being acknowledged in both the online and print versions of the Fraternal Journal. During the past 15 years, the Polish Union of USA awarded more than \$135,000 to 658 applccants to help defer tuition costs.

By sponsoring a leaf on the Polish Union Tree of Knowledge, you can help us continue helping students by supporting the Polish Union Educational Fund. Leaves may be purchased in your own name, your business name or as a living memorial for a loved one.

Please complete the form below and return it (a photocopy is also acceptable), along with your donation to: Polish Union of the United States of North America Tree of Knowledge, P.O. Box 660, 53-59 North Main Street, Wilkes-Barre, PA 18703. Please make checks payable to the "Polish Union-Educational Plan

Name/Company _____

Telephone _____

Address _____

City/State/Zip _____

E-mail _____

Enclosed is (please check one)

- ☐ My first annual donation toward the“Tree of Knowledge” _____enti-
tling me to a Tree of Knowledge leaf.
(Minimum of \$20 per payment).
- ☐ My donation toward the “Tree of Knowledge”. I do not wish _____to receive a Tree
of Knowledge leaf or have my name published in the Fraternal Journal.

Please Print My Tree of Knowledge Leaf As Follows:
Leaf Inscription:

Maximum of 4 lines with 20 characters per line, including spaces.

Our 2008 Valuation Report

March 11, 2009

Polish Union of the United States of North America
53-59 North Main Street
P.O. Box 660
Wilkes-Barre, PA 18701-0660

Gentlemen:

This will certify that we have completed a valuation of the outstanding certificates of the Society as of December 31, 2008, according to the schedules of insurance submitted to us, and have found the reserves to be as follows:


41 CSO 3 %	\$ 913,972
80 CET 4 %	550
80 CET 4.5 %	110,841
80 CSO 4 %	95,740
80 CSO 4.5 %	2,033,945
80 CSO 5 %	644,075
80 CSO 5.5 %	410,645
AE 3 %	641,510
AM 3 %	853,325
AM(5) 3 %	119,156
Deficient Premiums Reserve	1,467
Non-Deduction of Deferred Premiums	11,316
Unearned Premium Reserve	28,990
Adjustment for 1st of Month Dating	9,789
For AIDS Risk	6,400
Immediate Payment of Claims Reserve	114,742
Total Life Reserve	\$ 5,996,462

The Society’s valuation indicates that on the bases specified above, the future assessments of the Society at the net rates then being collected, together with the admitted assets as they appeared in the Society’s 2008 annual statement, were sufficient to meet all certificates as they mature by their terms with a surplus of \$1,264,137 (or 19.92%) above the statutory standards.

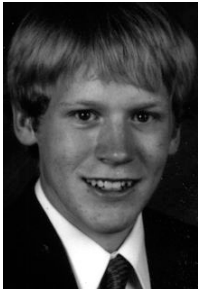
Ratios of assets to liabilities: 2008-119.92%; 2007-136.93%; 2006-134.64%; 2005-139.52%; 2004-143.09%.

Sincerely,
Allan Ferrone, FSA, MAAA
Actuary


Meet Our 2009-2010 Scholarship Recipients




ANTENE, C.




BELLES, M.




CORNELIUS, A.




DEFICCIO, A.




DEFICCIO, R.




DENDE, C.




DENDE, J.




DENDE, K.




DOBLIX, J.




FERRIS, J.




GAETANO, K.




HOGAN, A.




HURCHICK, A.




JEGERSKI, M.




JEROUSEK, J.




JEROUSEK, S.




KASHUBSKI, S.



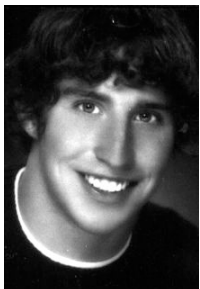
KOZUCH, D.




LOEFLAS, M.




MANFREDI, L.




PELCZAR, J.




ROJEK, J.




ROJEK, T.




ROYER, J.



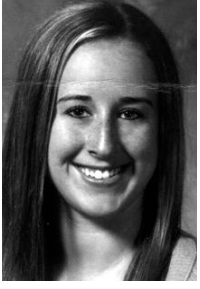
SOWA, K.




STACHOWICZ, E.




STANSKI, S.




SUCHOSKI, J.



WOODRUFF, L.



ZIELINSKI, A.



ZIOBRO, R.

Young people, all members of the Polish Union of U.S.A., are recipients of 2009-2010 Henry J. Dende Scholarship Stipends from the Polish Union of U.S.A. This educational assistance is only one part of the fraternal's continuing efforts to assist its members and serve the community. A complete listing of this year's recipients is found below.

• • •

Anthony Robert Androckitis, Gr. 73, Mountain Top, PA, is the son of William and Susan Androckitis. He is a Communications major in his Junior year at Penn State Univ., University Park, PA.

• • •

Claire Marie Antene, Gr. 275, Brookfield, IL, is the daughter of John and Cynthia Antene. She is in her Senior year as a History major at the Univ. of Dallas, Irving, TX.

• • •

Mark A. Belles, Jr., Gr. 265, Wilkes-Barre, PA, is the son of Mark and Ann Belles. He is a Secondary Education/History major at Bloomsburg Univ., Bloomsburg, PA.

• • •

Adam E. Cornelius, Gr. 270, Wheaton, IL, is the son of Charles and Janet Cornelius. He is a Junior Accounting major at DePaul Univ., Chicago, IL.

• • •

Amanda Rose DeFiccio, Grs. 180, 25, Lawrenceville, NJ, is the daughter of Robert, Jr. and Mary Jo DeFiccio. She is a Sophomore Liberal Arts major at Mercer Co. Community College, W. Windsor, NJ.

• • •

Robert W. DeFiccio, Grs. 180, 25 is the son of Robert and Mary Jo DeFiccio. He is a Building Automation Tech. major in his Senior year at the Penna. College of Technology, Williamsport, PA.

• • •

Christopher Anthony Dende, Gr. 93, Clarks Summit, PA, is the son of Christopher and Veronica Ann Dende. He is a Sophomore Pre-med major at the Univ. of Rochester, Rochester, NY.

• • •

Jonathan Henry Dende, Gr. 293, Clarks Summit, PA, is the son of John Dende and Christine Raider. He is a Senior at the Catholic Univ. of America, Washington, DC.

• • •

Kathleen Mary Dende, Gr. 93, Clarks Summit, PA, is the daughter of Christopher and Veronica Ann Dende. She is an Elementary Education major in her Junior year at Temple Univ., Philadelphia, PA.

• • •

Jonathan Michael Doblax, Gr. 131, Hanover Twp., PA, is the son of Edward and Judith Doblax. He is in his second year as a History, English and Secondary Education major at the Univ. of Mary Washington, Fredericksburg, VA.

• • •

Jesse Alexis Ferris, Gr. 308, Lake in the Hills, IL, is the daughter of William Jr., and Denise Ferris. She is in her first year as a Physical Therapy/Computer Administration major at Matterny County College, Crystal Lake, IL.

• • •

Kristina Gaetano, Gr. 392, Mountaintop, PA, is the daughter of Robert and Martina Gaetano. She is a Junior Elementary Education major at Penn State Univ., University Park, PA.

• • •

Lynn M. Hoch, Gr. 73, Bath, PA, is the daughter of Wayne and Patricia Hoch. She is a Senior Business Marketing major at Kutztown Univ., Kutztown, PA.

• • •

Allison C. Hogan, Gr. 100, New Milford, CT, is the daughter of Thomas and Lynne Hogan. She is a second year Political Science major at New York Univ., New York, NY.

• • •

Andrew James Hurchick, Gr. 400, Scranton, PA, is the son of Andy and Gail Hurchick. He is a Freshman Political Science major at Arcadia Univ., Glenside, PA.

• • •

Mary Elizabeth Jegerski, Gr. 258, Hickory Hills, IL, is the daughter of Kenneth and Carol Ann Jegerski. She is a third-year Pharmacy major at Purdue Univ., West Lafayette, IN.

• • •

Jeffrey William Jerousek, Gr. 280, Chicago, IL, is the son of Jack and Carol Jerousek. He is in his Senior year as a Voice and Data Communications major at Moraine Valley Community College, Palos Hills, IL.

• • •

Sarah Ann Jerousek, Gr. 380, Chicago, IL, is the daughter of Jack and Carol Jerousek. She is a Junior Psychology major at Elmhurst College, Elmhurst, IL.

• • •

Sarah Marie Koshubski, Gr. 51, Drums, PA, is the daughter of Robert and Karen Lynn Koshubski. She is an Academia, Government major in her 4th year at Penn State Univ., University Park, PA.

• • •

Dominique M. Kozuch, Gr. 395, Jermyn, PA, is the daughter of Andrew and Dorothy Kozuch. She is an Art Education major in her first year at MaryWood Univ., Scranton, PA.

• • •

Monica Inez Loefflas, Jermyn, PA, is the daughter of Frederick and Mauren Loefflas. She is a Sophomore Education major at Marywood Univ. Scranton, PA.

• • •

Lauren Antonia Manfredi, Gr. 51, Hazle Twp., PA, is the daughter of Carl and Diane Manfredi. She is a Marketing major in her Junior year at Penn State Univ., University Park, PA.

• • •

Matthew S. Montville, Gr. 392, Wilkes-Barre, PA, is the son of Robert and Linda Montville. He is a Sophomore Pharmacy major at Wilkes Univ., Wilkes-Barre, PA.

• • •

Jacob Pelczar, Gr. 189, Billings, MT, is the son of Brain and Tracie Pelczar.. He is in his second year as a Business-Finance major at the Univ. of Montana, Missoula, MT.

• • •

Jillian Rojek, Grs. 168, 163, 207, Scott Twp., PA, is the daughter of Edward and Lynda Maria Rojek. She is in her Senior year as a Music Education major at Marywood Univ., Scranton, PA.

• • •

Taylor Lynn Rojek, Gr. 163, Scott Twp., PA is the son of Edward and Lynda Rojek. He is a Sophomore English/Pre-med major at DeSales Univ., Center Valley, PA.

• • •

Jonathan Royer, Larksville, PA, is the son of David Jr., and Carol Ann Royer. He is a Junior Automotive Technology major at Luzerne Co. Community College, Nanticoke, PA.

• • •

Kathryn Lynn Sowa, Gr. 258, Naperville, IL, is the daughter of James and Linda Sowa. She is a Graduate MBA candidate at DePaul Univ., Chicago, IL.

• • •

Elizabeth Stachowicz, Gr. 240, Nutley, NJ, is the daughter of John and Laurie Ann Stachowicz. She is a Fine Arts Illustration major in her 4th year at the Univ. of the Arts, Philadelphia, PA.

• • •

Shannon Renee Stanski, Gr. 407, Pittston, PA, is the daughter of Thomas and Karen Ann Stanski. She is a Sophomore Elementary Education major at The Penn. State Univ., University Park, PA.

• • •

Julia Kathleen Suchoski, Gr. 406, Wilkes-Barre, PA, is the daughter of Robert an Carol Suchoski. She is in her second year as a Business Finance major at Bloomsburg Univ. of Penna., Bloomsburg, PA.

• • •

Lindsey Jeanne Woodruff, Gr. 180, Martinsburg, WV, is the daughter of Edward and Carol Ann (Drazek) Woodruff. She is an Exercise Physiology/Physical Therapy major in her first year at W. Virginia Univ., Morgantown, WV.

• • •

Amy Marie Zielinski, Gr. 320, Scranton, PA, is the daughter of John, Sr. and Debra Ann Zielinski. She is a Communications/Public Relations major in her Junior year at the Univ. of Scranton, Scranton, PA.

• • •

Ronald M. Ziobro II, Gr. 57, Dupont, PA, is the son of Ronald and Sharon Ziobro. He is a Freshman Criminal Justice major enrolled at Penn State Worthington Scranton, Dunmore, PA.

• • •



About Our Members



W a l t e r Stankowski will turn 92 years old on July 30th. Walter lives in Hamilton, NJ and is a member of Group 25.

• • •

Mary Pirog, of Chicago, will celebrate her 96th birthday on August 14. Mary has been a member of Group 378 of the Polish Union since 1940. Congratulations to Mary



News From

CHICAGOLAND

DISTRICT DIRECTORS

Toni Storts 708-216-9624 Joan Wisinski, 708-448-6936 days, or 708-361-4180 evenings.



Our Spring Luncheon and Meeting, seen in photo above, was held on Saturday May 16, 2009 at Sawas Old Warsaw. All attending enjoyed a delicious Polish Buffet. Fifteen members from Chicago Groups attended. We passed out shirts given to us by the main office and reported on our attendance at the Annual Meeting in April for District Directors and Officers of the Polish Union USA. The Agenda for the remaining year was announced by Toni Storts and Joan Wisinski-District Directors. Group Secretaries advised about increasing membership for adults and children. The Convention location for September 2010 has not been selected.

The Annual Fall Meeting and Potluck Lunch will be held on Saturday October 24, 2009 1 pm at The Alliance of Polish Clubs located at 5835 West Diversey Ave. Chicago. All Group Secretaries have been asked to invite their members.

The Annual Chicago Area **Combined Groups Children Christmas Party** will be held on Saturday December 5, 2009 from 2pm-5pm at Mayfair Banquets 10835 Wakefield Ave. Westchester Il. All member children age 12 and younger are invited to attend with their parents or grandparents. There will be a Pizza Buffet and sweet table to enjoy. We will have a Special Guest appearance by Mrs Santa Claus and Santa Claus will arrive to pass out presents to all the children attending. Reservations are required by November 1, 2009 to your group secretary or call Toni Storts at 708 562-3153 or Joan Wisinski at 708 448-6936 days or 708 361-4180 evenings.

To all members-Please review your insurance for increases and beneficiaries. Remember your Polish Union Insurance will always be their to protect you. When you leave your employment, insurance with companies will cancel out. Many children are not insured at all. Look at Polish Union Usa Insurance to protect them and the Scholarships available for college students. Call your Group Secretaries to sign up new members or to increase your insurance policy.

Group 275 Members celebrating Birthdays in July are: Janet Abbott, Margaret Antene, Tom Bednarke, Jennifer Cybulski, Mary Glusak, Anna Krydynski, John Liszka, Jonathan Majka, Kevin Michalec, Patricia Moskal, Joshua Piet, Lottie Puzio, Joan Roman, Kimberly Ryan, Barbara (Orlow) Strahl on July 9th, Anna Waner, Thomas J.

Wisinski on July 6th.

August Birthdays from Group 275 are, Kevin Antene, Karen Blizniak, Jesus Cardona, Dennis Deptula, Alice Dziedzic, Robert Gabriel, Helen Gabryel, Maureen Goulding, Audrey Grand, Helen Halaj, Helena Kosinska, Adam, Christine and Douglas Kotlarczyk, Dawn Krejczyk, Danielle Luna, Michael Mcevilly, Bonaventure Nawrocki, Michael Newman, Frank Novak, Brian Patoski, Douglas Platt, Terrance Radek, Eleanora Slapa, Carol Trzebiatowski, Venus Wisinski on August 30th, Carl Zielinski and Jacqueline Ziemski.

September Birthdays from Group 275 are, Marin, Sarah and Susan Antene, Angeline Badger, Robert Deptula, Philip Dzialowy, Margaret Flowers, Shannon Majka, Jacob Platt, Randall Potempa, Estelle Radek, Stella Schuirman, James Strojny, Michael Szymusiak, Thomas Zolna and Thomas Steven Wisinski turns 12 on Sep 15th.

Group 230 Birthdays July; Ronald Young Paul Richard Kalfas Nicholas Milbratz Lisa Storts

August Zachary Gasiorowski Alexis Kalfas Paula Kalfas Veronica Kalfas Lance Young

September Addison Aldrich Lorraine Kalfas Eric Wilim Michele Young

Congratulations Confirmations: Kelly Winters and Dillon Young Grammer School Graduations: Kelly Winters, Paige Young, Dillon Young, High School Graduations: Kristine Kalfas, Samantha Kalfas College Graduations: Nicholas Milbratz

Birthdays: Walker Young June 4 he was 5 years old; Ronald Young, July 4 he will be 75

Chicago Members, Enjoy a motorcoach tour from Chicago to Branson for Ozark Christmas November 16, 19 2009 led by Joan & Tom Wisinski from Bright Side Travel, Call Joan at 1 888 789, 5182 for reservations and more information.

Join our Polka Cruise on MSC Poesia January 9, 16 2010, Round Trip Ft. Lauderdale to the Eastern Caribbean, Call Joan at 1 888 789, 5182 to book your cabin. Children to age 17 yrs in same cabin with two adults cruise free. Fantastic Cruise Line.

Submitted by Joan Wisinski, Group 275 Secretary and Illinois District Director 708 361-4180 or 1 888 789-5182.

Eastertime Family Fun

The Annual Easter Party for Polish Union proved a hit with our young members and their families. Crafts, games and of course the Easter Bunny were all part of the day's fun.



Happy Birthday - Sto Lat

To Our Senior Members

July-September, 2009

Reaching Age 96

Mary Benkoski, Milford, CT
Mary Lou Pirog, Chicago, IL
Stanislawa Shiner, Clinton Twp., MI
Wladys Stankowski, Hamilton, NJ
Louis J. Zawacki, Nanticoke, PA

Reaching Age 90

Harold Garber, Larksville, PA
Emilia Majcher, Downers Grove, IL
Sara McNeil, Scranton, PA
Walter Podlasek, Palos Hills, IL
Stanisla Rishkofski, King of Prussia, PA
Jozef Selwocki, Bedford, NH
Stella Toth, Scranton, PA
Jozefa Zemruz, Northern Cambria, PA
Leona Zeskowsky, Jermyn, PA
Edmund Zych, Wilkes-Barre, PA

Reaching Age 85

Henryka Baldery, Scranton, PA
Deloris W. Bomba, Prescott Valley, AZ
Angeline Brown, Nooridge, IL
Jessie Brutzman, Scranton, PA
Marjanna Brzezicka, Hazleton, PA
Helen Burke, Mayfield, PA
Evelyn Deangelo, Lisle, IL
Chester Ferrett, Taylor, PA
John F. Grontkowski, Nanticoke, PA
Ann Victoria Ksiazek, Rochester, NY
Mary E. Markowski, Wilkes-Barre, PA
Adele Milauskas, Stroudsburg, PA
Helena Modzielewski, E. Brunswick, NJ
Mary Myszkowski, Chicago, IL
Alfons Nowakowski, South River, NJ
Cecylia M. Odziomek, Lincolnwood, IL
Stanislaw Pawelec, Nanticoke, PA
Joseph Problys, Colorado Springs, CO
Sylvia Progovitz, Johnson City, NY
Winifred Prorock, Blakely, PA
Norma A. Schmidt, Laflin, PA
Mary Selemba, Scranton, PA

Reaching Age 80

Frank Andrukiewicz, Hudson, PA
Ann Benson, Dunmore, PA
Klara Bolanowski, Laflin, PA
Jean M. Colan, Scranton, PA
Stanley Grzynski, Annapolis, MD
Eleanor S Gunia, Norridge, IL
Rozalia Jeskiewicz, Deland, FL
Cecelia Kearney, Dallas, PA
Teresa Klepadlo, Wilkes-Barre, PA
Jan Wropiewnicki, Bloomburg, PA
Mary Ksanznak, W. Hazleton, PA
Marya Lementowicz, E. Brunswick, NJ
Frank A. Michalczyk, Dickson City, PA
Jozef Grzech, Dupont, PA
Aleka Pashinski, Nanticoke, PA
Sophie Pointon, Swoyersville, PA
Albert Strellish, Dupont, PA
Josephine Strumski, Wilkes-Barre, PA
Constance Szustak, Plains, PA
Agnes Tomchak, Lake Ariel, PA
Joseph Wrobel, Bayonet Point, FL
John F. Wasmanski, Plains, PA
Rita Wesnak, Dunmore, PA
Edmund Wieckowski, Pompano Beach, FL
Helen Vadlosky, Jermyn, PA

And to all our Members and Readers who celebrate Birthdays in these months, Happy Birthday—Sto lat

NOTE: If a member does not wish to have their birthday announced, please notify the Home Office.

Help Us Find These Members

In reviewing our membership list, the following members were found to no longer reside at their last know address, or we have incomplete addres information on them. If your name is among the following, or you are familiar with the person, please contact the Polish union Home Office so that they may receive all pertinent information and full access to our fraternal benefits.

Group	Name	Last Known City & State
81	Kathleen McAvoy	Chestnut Hill, MA
258	Anthony G. Menotti	Oak Park, IL
258	Bridget R. Menotti	Oak Park, IL
175	Sandra A. Menzel	Wilkes-Barre, PA
395	Karen Micciche	Dunmore, PA
28	Jan Michalak	
227	Theresa Michalczyk	Dickson City, PA
189	Leon Mikelski	Shickshinny, PA
395	Theresa Mikolon	Col. Springs, CO
321	Adele Milauskas	Stroudsburg, PA
258	Mary Mills	Cicero, IL
70	Michael Miscavage	Lawrenceville, NJ
321	Matthew Mitarnowski	Portland, OR
25	Thomas Mzgalski	Elmont, NY
400	Norma Mlyczek	Scranton, PA
395	Cheryl Moher	Clarks Green, PA
182	Bertha Molick	Windber, PA
163	Patrick Muia	Olyphant, PA
163	Wolfe Watson Muia	Scranton, PA
406	Rosemarie Mullally	Kingston, PA
131	Georgiann Mulreany c/o Anderson	Dallas, PA
25	Adele Murphy	Poway, CA
400	Joshua Murphy	Stanley, NC
400	Nicholas Murphy	Stanley, NY
400	Lisa A. Mynyk	Moosic, PA
320	Natalie Rose Nareski	Old Forge, PA
293	Edward Mashotka	Dunmore, PA
258	Julianne Nebren	North Riverside, IL
191	Charles H. Negilski	Tampa, FL
240	Laura Negvesky	Bloomsburg, PA
51	Dorothea Nelson	Milnesville, PA
221	Joan Niechula	Chicago, IL
138	Ann Niznik	Gouldsboro, PA
138	Susan Niznik	Gouldsboro, PA
321	Kimberly Noler	Indiana, PA
270	Angel Norbut	Chicago, IL
400	Spencer P. Notarianni	
	c/o Kimberly A Notarianni	Fairfax, VA
257	Stanislawa Nowak	Nanticoke, PA
230	James Oberg c/o Swan	Collinsville, IL
293	Janet Ogonowski	Scranton, PA
221	Malgorzata Ogorek	Hudson, FL
230	Phyllis Ogorek	Chicago, IL
395	Amber O'Hara c/o. Elizabeth O'Hara	Pocono Lake, PA
400	Tyler Vincent Olsen	
	c/o Geraldine Sherwood	Throop, PA
230	Barbara Olszewski	Homer Glen, IL
240	Renee Oravec	Eynon, PA
400	Amanda Orlowski	Taylor, PA
400	Brianna Orlowski	Scranton, PA
258	Kazimierz Osowski c/o Carolyn Bossi	San Mateo, CA
155	Larenc H. Osowski	Englishtown, NJ
385	Gertrude Ostrander	Niles, IL
407	Mark Ostrowski c/o N. Ostrowski	W. Wyoming, PA
265	Ann B. Panaway	Tyler, TX
392	Robert F. Park	Wilkes-Barre, PA
275	Kristina Parkinson	
	c/o Angeline Smalley	Downers Grove, IL
392	Andrew John Pasonick	
	c/o Sophie W. Andreeko	Wilkes-Barre, PA
392	Paul J. Pasonick	Wilkes-Barre, PA
392	Jody Pattison	Sebastian, FL
321	Raymond Peeler	Swoyersville, PA
275	Richard J. Pencak	Chicago, IL
400	Jessica Peranick	Clarks Summit, PA
51	David J. Perrins	Wilkes-Barre, PA
406	Walter P. Petrofski	Kingston, PA
407	Olivia Robin Piasecki	Clarks Summit, PA
265	Maria Pierson	Port Griffith, PA
293	Thomas J. Pietrowski	
	c/o Julia Pietrowski	Scranton, PA
221	Anika Piorkowski c/o S. Piorkowski	Wilmette, IL
221	Julie Piorkowski	Wilmette, IL
401	Michael Pisarchick	Brockway, PA
221	John Piwko	Huntley, IL
385	Thomas R. Pluzycki	Chicago, IL
25	Beata Pogorzelski	West Orange, NJ
293	Lee Pojolic	Moosic, PA
258	Michal Polanski	Chicago, IL
240	Jozef Michael Prushinski/ Jean W. Kutz	Nanticoke, PA
240	Sarah Rene Prushinski	Nanticoke, PA
258	Julianne Przebieda	Littleton, CO
73	Melissa S. Psolka	Hanover Twp., PA
270	John Pycz	Posen, IL
227	Kayleigh Quinn c/o D. Quinn	Throop, PA
81	Julianna Rose Radzinski	
	c/o Rose Ann Radzinski	Dallas, PA
265	Dale Readler	Berwick, PA
258	Jennifer Reed	Bellevue, WA
258	Joanna Reed	Atoka, TN
258	Melissa W. Reed c/o Mary Reed	Mason, TN
258	Steven Reed c/o Mary Reed	Mason, TN
227	Paul Reese	Archbald, PA
240	Scott Alexander Reilly	Fairport, NY
320	Michelle W. Resavy	Endicott, NY
155	Marie L. Risley	Atlantic City, NJ
400	Mary Romanowski	Lake Ariel, PA
395	Matthew Joseph Romanowski	Lake Ariel, PA
378	Robert Roszkowski	Chicago, IL
227	David R. Rudalavage	Eynon, PA

Great Time At Knoebels

The Youth Committee of the Polish Union hosted member families to a fun-filled day at Knoebel's Amusement Park.



Scholarship Opportunity For Pennsylvania Members

The Pennsylvania Fraternal Congress, of which Polish Union is a member, has announced the availability of scholarships for Pennsylvania fraternal members.

At least one \$500 scholarship will be awarded. Additional scholarships may be awarded depending upon available funds.

- Judging will be done by the scholarship committee of the Pennsylvania Fraternal Congress.

Awards will be announced at the Pennsylvania fraternal Congress annual meeting in October, 2009.

- Acceptance of attendance from college, university, trade school, etc. must accompany this application.

Rules and Regulations

Applicant Must

- Be a resident of Pennsylvania and a member of a Fraternal Benefit Society that is a member of the Pennsylvania Fraternal Congress.

- Be a 2009 high school graduate attending an accredited college, university, trade school, etc. in the summer/fall of 2009 as a full-time student (twelve semester credits).

- Obtain a letter of recommendation from your Fraternal Benefit Society.**

- Submit a 500 word essay on: What Fraternalism Means To Me.

- Sign the statement of application at the bottom of this application

- Return completed application, essay and letter of recommendation, proof of acceptance from your college, university, trade school, etc. postmarked no later than September 3, 2009 to:

Eryna Korchynsky
Providence Assoc. Ukrainian Catholics in America
810 North Franklin Street
Philadelphia, PA 19123-2004
215-627-2445 ext. 200

Please Print or Type

Date: _____ Social Security # _____ Date of Birth _____

Name _____

Address _____

City/State/Zip _____

e-mail address _____

Your Fraternal Benefit Society _____

College you will attend in 2009 _____

Scholastic Achievement (Honors-Awards) _____

Extracurricular School Activities* _____

Civic (non-school) Activities* _____

Fraternal Benefit Society Activities* _____

** Information may be submitted on a separate sheet of paper, please type or print.*

Statement of Application

I understand that my selection for this scholarship is based upon my answers to these questions and the essay I have written; and, further that my application is in competition with other eligible persons and that the decision of the Pennsylvania Fraternal Congress is final. This application is completed with my knowledge and consent, and false information will void the award. The information that is provided in this application is true and complete.

Signature of Applicant and Date



Cool Delights of Summer

Summertime in Poland means many fresh fruits and vegetables are widely available and inexpensive only at this time of the year, hence, it is a season that many longingly await. Here are some typical foods which Poles particularly enjoy during these months.

Cold Cucumber Soup chłodnik ogorków
Peel 2 cucumbers, cut in half lengthwise, then slice thin into bowl or tureen. Add 1 bunch green onions chopped, 2 coarsely grated brined dill pickles and 1 c. of pickle brine and 2-3 T. fresh chopped dill. Drench with 6 to 8 c. cold buttermilk (regular or low-fat). Mix well, salt & pepper to taste and add 1 t. sugar. Refrigerate until well-chilled. Serve cold over sliced hard-boiled eggs (1/2 -1 egg per portion)

Chilled Lithuanian Borscht chłodnik litewski .
Proceed as in preceding recipe, but use only 1 cucumber, add 1 bunch coarsely grated radishes and 1 small can sliced beets including the juice.

Dilled New Potatoes młode kartofelki z koprem
Rather than peeling, use a nylon scrubber to remove the thin skin of 2 lbs. of walnut-sized new potatoes under cold running water. Place in pot, cover with boiling water, add 2 t. salt and cook at a rolling boil until tender. Drain. Return pot to heat, cover and shake until all moisture steams away. Transfer to serving platter, dot with butter (or Butter Beads) and garnish with fresh chopped dill.

Creamy Cucumber Salad mizeria ze smietana
Peel 2-3 cucumbers, slice thin into salad bowl, sprinkle with salt, pepper, juice of 1 lemon and 1 t. sugar. Lace with 1/2 to 3/4 C fork-blended sour cream (or plain low-fat yogurt) and garnish with fresh chopped dill if desired. Optional: add freshly sliced green onions and/or radishes.

Lettuce Polonaise zielona sałata po polsku
Remove core from 2 heads Boston lettuce, wash in cold water, drain well, and break up into salad bowl. Sprinkle with salt & prepare, juice of 1/2 lemon and (optional) 1 level t. sugar. Toss gently. Fork-blend 1/2 to 3/4 C. sour cream (or plain low-fat yogurt) and pour over lettuce. Optional: salad may be topped with sliced radishes and garnished with chopped chives.

Tomato Salad sałatka z pomidorów
Wash 4 large tomatoes well and slice. (You can easily remove the skin before slicing tomatoes by plunging them into boiling water for 30 sec. and then peeling it off under cold running water). Arrange on platter, season with salt, pepper, a little lemon juice and sugar and top with 1-2 chopped or wafer-thin sliced onions. Optional: dress with a little fork-blended low-fat yogurt and garnish with chopped dill or chives.

Brined Dill Pickles ogorki kwaszone
Soak 4 lbs. 3-4 inch pickling cucumbers in cold water several hrs., then allow to drip dry. While they soak, bring 2 qts. water and 4 T. kosher pickling salt to boil and set aside. At bottom of large earthenware crock or glass jar, place 2-3 stalks of pickling dill, 2 slices of horseradish root, half a horseradish leaf, 1 grape leaf or 3-4 cherry three leaves and 3 buds garlic. Stand cucumbers upright in several layers in crock or jar and pour brine over them to cover. Place inverted plate on cucumbers and weigh it down with a qt. jar full of water to keep them submerged. Leave on counter top at room temp. Ready to eat in 7-10 days.

Smacznego

Grill Safer This Summer

NSF International Offers Three Easy Tips for Keeping Your Next Barbecue Safer

Do you know how long you need to cook a hamburger on the grill until it's safe to eat?

Can you really tell if meat is done just by looking at the color?

The answers to these questions and more can be found in the food safety fact sheets available from NSF International, a not-for-profit organization committed to protecting and improving public health. As part of its public health mission, NSF provides tips on a wide array of food safety issues to help consumers avoid some of the common mistakes that contribute to millions of cases of foodborne illness each year.

Avoid cross contamination. Never use the same utensil, cutting board, or serving dish that you used to handle raw food for cooked food unless you thoroughly wash it between uses. This goes for your thermometer as well wash them thoroughly between each use so that you don't transfer bacteria from one food to the next.

Refrigerate leftovers promptly. The higher the temperature, the faster bacteria can multiply and make food unsafe. Be sure to place leftovers that are perishable, such as meats or potato salad, in a refrigerator or cooler immediately after serving, or throw them out. If using a cooler, make sure sufficient ice is available to keep food cold.

Wash your hands. Believe it or not, one of the best ways to protect against foodborne illness (as well as other illnesses) is to wash your hands often. This is especially important during food preparation, such as after handling raw meat or produce, and before eating. If water for handwashing isn't readily available, keep some hand sanitizers or

hand sanitizing towelettes on hand.

For information on an array of public health and safety issues, consumers can visit NSF's Web site www.nsf.org or contact NSF's Consumer Affairs Office at 1-800-673-8010 or info@nsf.org.

Koffee Klatch

with D.K.



Dzien dobry!! Welcome to my kitchen. The summer is here and the ice coffee and mint tea are ready along with the melons as a dessert. We are having our annual garden party. The crowd is much larger than usual. As the guests brouse through the rose garden and fountain waterfalls, they gather to enjoy the beauty of the nature they are viewing. Each one seems to be enjoying nature more than ever before, I asked all to think about how they can make this summer different and special for their family and friends. Here are some of the ideas they had in mind as they surrounded the table for food and discussion.

Ann started by saying we should contact family members, especially those we normally do not contact. Tess wanted to invite someone who does not have family close by to join them in a cookout. Dave suggested that when the entire family is present for the cookout, to bury a family time capsule in the back yard that would contain written messages from each family member and enclose pictures taken that day...the messages should mention some things they predict for the future. The capsule should be opened in ten or fifteen years. Don't forget to record where the capsule is buried.

Remember, we all have problems, so try not to dwell on them at the cookout. The best way to do this is to listen to others. Forget our own problems, just for one day Forget your child's or mate's faults, but center around their accomplishments, or something nice they did. Perhaps, then, those hamburgers and hot dogs will taste better than usual....

Salt vs. Bones: Creighton University School of Medicine researchers found that folic acid has been shown to alleviate depression. However; don't take doses higher than 200 mgs. Or it may have toxic effects..

Put BOUNCE in your shirt pocket in summer...it will keep yellow jackets away.

Put BOUNCE in kitchen where ants or mice may be to keep them away. It also repels mosquitos. Also, keeps static from computers and TV's and keep dust from re-setting, and put in sneakers to deodorize them.....

The Power of Prayer

George Plagenz reports a story of Dr. Richard Cabot, of the Harvard Medical School, believed in the healing power of God. In one of his books, he told a story of a 64 year old man who was struck by a car and died within an hour after arriving at the hospital...His family said he was never sick in his life. At the autopsy, Cabot stated that this man had four fatal diseases inside him, none of which had ever done him harm. The diseases had either healed themselves or the body found new ways to carry on the function of the diseased organs. Also, mind and body physicians Dr. Larry Dossey and Dr. Herbert Benson, Harvard's best selling authors, claim that research has convinced them that the healing power of prayer is not confined to the one doing the praying. When people enter a

prayerful state of mine, good things happen not only to them, but to those they pray for. This suggests that some part of us can extend through time and space. Believers have known all along that prayer can work at a distance and go through closed doors to reach others...The old-fashioned name for it is "intercessory prayer."

Dear PK: I am 62 years old and I feel so old...I never lacked male attention, and my hubby tells me I am attractive, but I have lines under my eyes, and my hair is gray, etc.I hate this feeling of getting old. Any suggestions?

Dear Kay: You are giving too much attention to your still young age and that is giving power to those lines and gray hair.Replace those hurtful thought with seeing the beautiful person you are. Also, remember a good facial and some hair highlights and some funky clothes or shoes can make a big difference to you and the rest of those who see the beautiful you...—pk

STRICTLY PERSONAL: Birthday greetings to Bernard Kolodziej and grandson Jacob, Loretta Chiskowski, Terri and Peter Rumensky, Al Bogusko, Jack Bednarski, Chris Pagoda, Florence Lohman, Alicia Meredick, Geri Sherwood, Dorothy Zukowski. A special greeting to a faithful reader from New Jersey:...JOAN ZYSKOWSKI...STO LAT!!

Send your requests to me. . . I will give you advice, mention your birthday or whatever. God Bless and have a wonderful summer. Pk, 17 Laurel Drive, Scranton, Pa..18505

Annual St. Joseph's Dinner

The Activities Committee of Polish Union: William Giebus, Margo Lukacinsky, John P. Bednarski, Nancy Bachurek Joseph Zak and Sophie Dubiak was responsible for putting together this year's Annual St. Joseph's Dinner. Chairperson was Nancy Bachurek and Co-chairperson was Sophie Dubiak.

The over 100 persons present participated in a cocktail hour, followed by a prayer to St. Joseph by Polish Union Chaplain, Patrick L. Albert and a toast which was led by Polish Union President, Rose Wartko. A family style dinner was then served.

After dinner, Rev. Patrick L. Albert gave a special blessing to all Feast Day Honorees (persons named Joseph and Josephine) and then did the closing prayer.

Mementos of the event, donated by Bednarski Furniture Store, and Paczki, donated by Joseph Zak were distributed to all present.

Musical entertainment for dancing and listening was supplied by the George Tarasek Orchestra.

Polish Union of the U.S.A. 2008 Financial Statement

TO MEET OUR OBLIGATIONS WE HAVE:

BONDS, GOVERNMENT	\$3,515,284
INDUSTRIAL & MISCELLANEOUS	1,645,641
	\$5,160,925
EQUITY SECURITIES	1,901,992
CERTIFICATE LOANS	34,787
REAL ESTATE	117,632
CASH & SHORT TERM INVESTMENTS	374,400
RECEIVABLES FOR SECURITIES	2,743
INVESTMENT INCOME DUE & ACCRUED	12,278
PAYMENTS DUE FROM SUBORDINATE LODGES	2,118
FURNITURE AND COMPUTER EQUIPMENT	<u>3,673</u>

TOTAL ASSETS	\$7,610,548
OUR OBLIGATIONS WERE:	
CERTIFICATE RESERVES	\$5,996,463
CLAIMS IN PROCESS OF PAYMENT	53,896
RESERVES FOR PREMIUMS PAID IN ADVANCE	7,547
RESERVES FOR SECURITY VALUATION	4,338
PAYABLE FOR SECURITIES	152,066
ACCRUED COMMISSIONS	3,370
ACCRUED GENERAL EXPENSES	98,114
ACCRUED TAXES, LICENSES & FEES	16,006
AMOUNTS HELD BY SOCIETY AS AGENTS OR TRUSTEE	14,602
TOTAL RESERVES & OBLIGATIONS	<u>\$6,346,402</u>
LEAVING AVAILABLE SURPLUS	<u>\$1,264,146</u>
TOTAL LIABILITIES & SURPLUS	\$7,610,548

2008 SUMMARY OF OPERATIONS - ACCRUAL BASIS

OUR SOURCES OF INCOME WERE	
INSURANCE PREMIUMS RECEIVED	\$140,809
NET INVESTMENT INCOME	379,942
OTHER INCOME	914
REALIZED CAPITAL GAIN (LOSS)	(171,109)
TOTAL SOURCES	<u>\$350,556</u>

THIS INCOME WAS USED FOR:	
DEATH BENEFITS	\$168,263
OTHER INSURANCE BENEFITS	38,957
NET INCREASE IN RESERVES	95,569
GENERAL EXPENSES & FRATERNAL PAYMENTS	466,957
TAXES, LICENSES & FEES	29,304
COMMISSIONS	19,850
TOTAL USES	<u>\$818,900</u>
LEAVING AVAILABLE, NET LOSS	<u>(\$468,344)</u>

2008 STATEMENT HIGHLIGHTS	
RATIO OF SOLVENCY	119.92%
YIELD ON INVESTMENTS	3.86%
NUMBER OF LODGES	40
NEW INSURANCE ISSUED	\$804,018
INSURANCE IN FORCE	\$25,981,507

Prepared by: Kovalchik, Kollar & Co. LLP
Certified Public Accountants

Pulaski Day Parade Bus Trip

Sunday, October 4th, 2009



Luzerne County Council #21 of the Polish Union is planning a trip to Philadelphia, PA to see the Pulaski Day Parade. Council President, Bill Giebus & Chris Pagoda are co-chairing the event.

This trip will cost \$23.00 per person

Included is bus transportation to and from Philadelphia • Mass at SS Peter & Paul Cathedral • Pulaski Tribute Program • Complimentary Light Lunch • Reserved Seats For Parade

The bus will be making a stop at a restaurant on the way home. Anything purchased will be at your own expense. Estimated time of arrival at Polish Union Bldg., W-B, will be 7 p.m. Bus seat assignments will be given when paid reservation is received.

Reservations can be made by calling Polish Union at 570-823-1611.

Pisanki Class Proves Popular

Polish Union of USA once again sponsored classes in the traditional art of pisanki (egg decorating) prior to Easter. Classes were held in the Scranton and Wilkes-Barre areas and proved a hit with all ages.



Bowl for St. Joseph's Center

A Striking Success!

On Saturday, May 30th, 2009 Emily Huber, in conjunction with the Polish Union of USA, hosted the 6th Annual Bowl for St. Joseph's event at South Side Bowl, Scranton. The event was a huge success, and they raised \$650 to donate to St. Joe's.

Emily would like to thank all of the participants who came out to the event. There were many familiar faces, along with some new participants. The Polish Union is pleased to hold such an event that brings the community together to support St. Joseph's Center. A special thank you goes out to the staff at Pocono Elementary Center who gave a generous donation to St. Joe's. Emily's co-

workers at PEC did a dress down day to support the bowling event again this year. Emily said that she's lucky to work with such wonderful people who not only educate the future of America, but also are also willing to give what they can to support such a great cause.

Emily stated that there were many members and non-members present for the event this year, and she wishes to extend an invite to all of the community to attend next year. The Polish Union will be hosting the 7th Annual Bowl for St. Joseph's Center with South Side Bowl, Scranton in May of 2010.



Congratulations to our raffle winners of the evening! Jennifer Huber from Clifton, Rebecca Lubeski from Taylor, Sandy Georgia from Scranton, and Melissa Vansickle from Madison Township.



Group shot of the participants who attended the event. Thank you all for your on-going support!

Join Our Family Activities

Clip and Save

Members are encouraged to participate in all educational, cultural, civic and social activities sponsored by Polish union of USA. the following activities are yours for the taking. They are designed for all ages. We urge you and your family to participate in them.

2009

October

- October 4 **Pulaski Day Parade Bus Trip** to Philadelphia. Sponsored by Council 21. Contact the Home Office or see the ad in this issue for further details.
- October 7 **Debutante Ball** 31st Annual Event to be held at Genetti's Manor in Dickson City, PA
- October 24 **Chicago's Annual Fall Meeting** and Potluck Lunch at 1 p.m. at the Alliance of Polish Clubs, 5835 W. Diversey Ave., Chicago.

November

- November 24 **Wigilia Wafer Dinner** Polish Union Community Room, 53-59 N. Main St., Wilkes-Barre at 2 p.m.

December

- December 5 **Chicago Children's Christmas Party** 2 - 5 p.m. Mayfair Banquets 10835 Wakefield Ave., Westchester, IL

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All dates and times are subject to change. For the latest revisions or additions, or to register on-line, go to www.PolishUnionUSA.com or phone (570) 823-1611.