



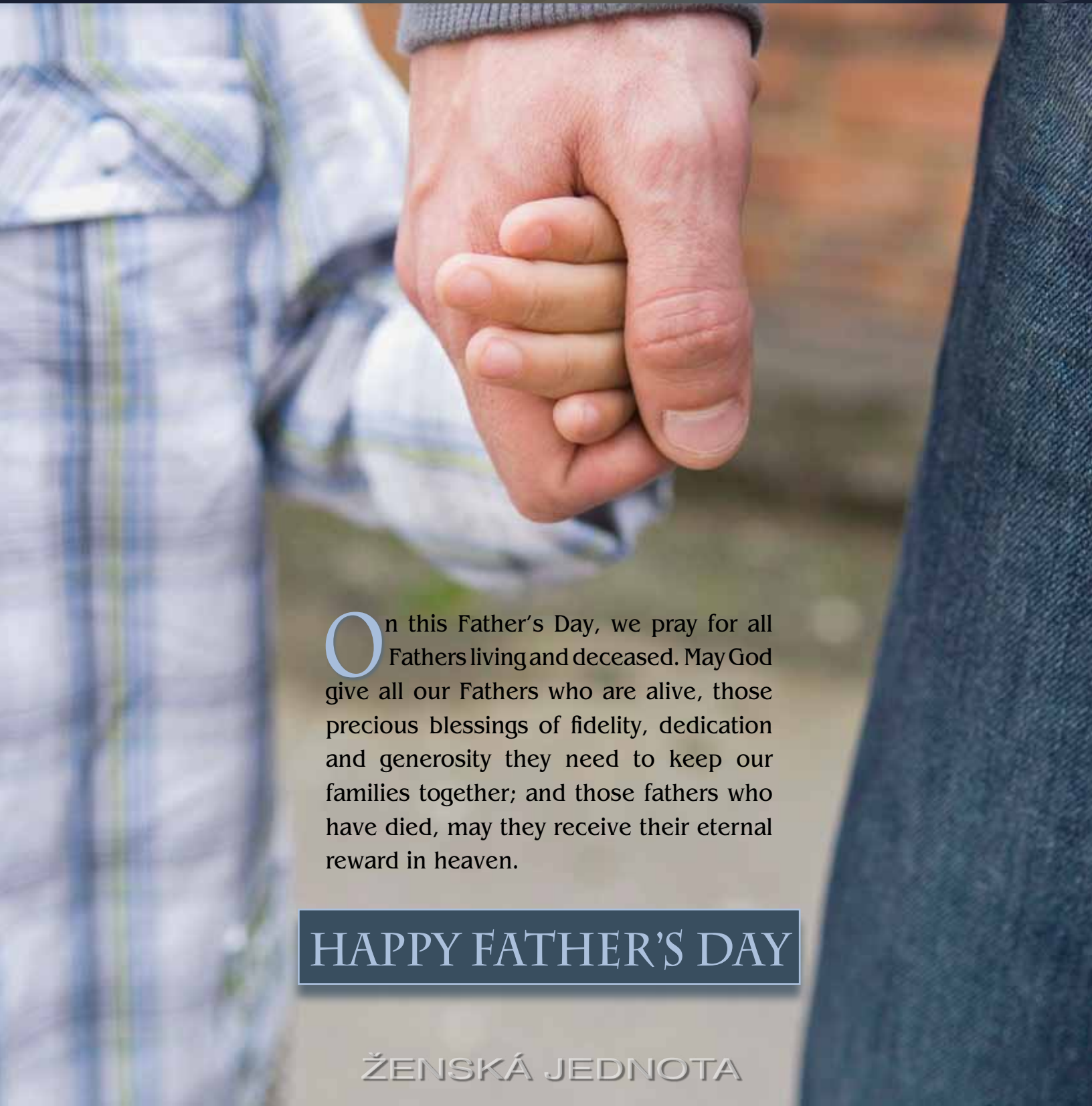
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Fraternally Yours™

FIRST CATHOLIC SLOVAK LADIES ASSOCIATION

VOL. 99, NO. 9

JUNE 2013



On this Father's Day, we pray for all Fathers living and deceased. May God give all our Fathers who are alive, those precious blessings of fidelity, dedication and generosity they need to keep our families together; and those fathers who have died, may they receive their eternal reward in heaven.

HAPPY FATHER'S DAY

ŽENSKÁ JEDNOTA

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Fraternally Yours™



ISSN 0897-2958



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ŽENSKÁ JEDNOTA,

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National Headquarters at 24950 Chagrin Blvd.,
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EDITOR: Carolyn Bazik

P.O. Box 1617, Reading, PA 19603

E-mail: zjbazik@comcast.net

Phone (610) 373-2743 • Fax (610) 375-8333

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OFFICE HOURS — HOME OFFICE
Monday through Friday — 8:00 a.m. to 4:30 p.m.
Phone: (216) 464-8015 • Toll Free: 800-464-4642
Fax: (216) 464-9260 • Website: www.fcsla.com

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Cynthia M. Maleski, Esq., 24950 Chagrin Boule-
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Irene J. Drotleff, 17807 Nottingham Road, Cleve-
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vard, Beachwood, OH 44122. Residence: (610) 207-
0747. Email: bnw1@entermail.net.

SECRETARY:

Sue Ann M. Seich, 24950 Chagrin Boulevard,
Beachwood, OH 44122. (800) 464-4642. Ext. 1012.
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AUDITORS:

Katie A. Esterle, 24950 Chagrin Boulevard,
Beachwood, OH 44122. Residence: (262) 720-7190.
Email: katie.esterle@gmail.com.

Barbara A. Sekerak, 6312 Elmdale Road,
Brook Park, OH 44122. (216) 676-9332. Email:
barb@epaymentnet.com.

Dorothy L. Urbanowicz, 27 Crescent Drive, Mones-
sen, PA 15062. Residence: (724) 684-8243. Email:
lenny5133@yahoo.com.

EDITOR:

Carolyn M. Bazik, P.O. Box 1617, Reading, PA
19603 (610) 373-2743.

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The Story of Father's Day

Father's Day, contrary to popular misconception, was not established as a holi-
day in order to help greeting card manufacturers sell more cards. In fact when a
"father's day" was first proposed there were no Father's Day cards!

Mrs. John B. Dodd, of Washington, first proposed the idea of a "father's day" in
1909. Mrs. Dodd wanted a special day to honor her father, William Smart. William
Smart, a Civil War veteran, was widowed when his wife (Mrs. Dodd's mother) died
in childbirth with their sixth child. Mr. Smart was left to raise the newborn and his
other five children by himself on a rural farm in eastern Washington state. It was
after Mrs. Dodd became an adult that she realized the strength and selflessness her
father had shown in raising his children as a single parent.

The first Father's Day was observed on June 19, 1910 in Spokane Washington.
At about the same time in various towns and cities across American other people
were beginning to celebrate a "father's day." In 1924 President Calvin Coolidge sup-
ported the idea of a national Father's Day. Finally in 1966 President Lyndon Johnson
signed a presidential proclamation declaring the 3rd Sunday of June as Father's Day.

Father's Day has become a day to not only honor your father, but all men who act
as a father figure. Stepfathers, uncles, grandfathers, and adult male friends are all
honored on Father's Day.

*God took the strength of a mountain,
The majesty of a tree,
The warmth of a summer sun,
The calm of a quiet sea,
The generous soul of nature,
The comforting arm of night,
The wisdom of the ages,
The power of the eagle's flight,*

*The joy of a morning in spring,
The faith of a mustard seed,
The patience of eternity,
The depth of a family need,
Then God combined these qualities,
When there was nothing more to add,
He knew His masterpiece was complete,
And so, He called it ... Dad*

Dear Friends,

In her book *Life Is a Verb: 37 Days to Wake Up, Be Mindful, and Live Intentionally*,
Patti Digh writes:

**"Being generous often consists of simply extending a hand. That's hard
to do if you are grasping tightly to your righteousness, your belief system, your
superiority, your assumptions about others, your definition of normal."**

This month try to let go of some of your preconceived notions and lend a helping
hand willingly to someone in need, perhaps "a someone" you might have otherwise
judged and walked past this month! Remember we hold the capacity to change the
world one person at a time by the choices we make. We cannot control our environ-
ment, good days will be mixed with bad, however, the one thing we can control is
the way we choose to respond and our actions always speak much louder than our
words!

Until next Month . . .
Warmly, Carolyn

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DOCUMENTS OF VATICAN II

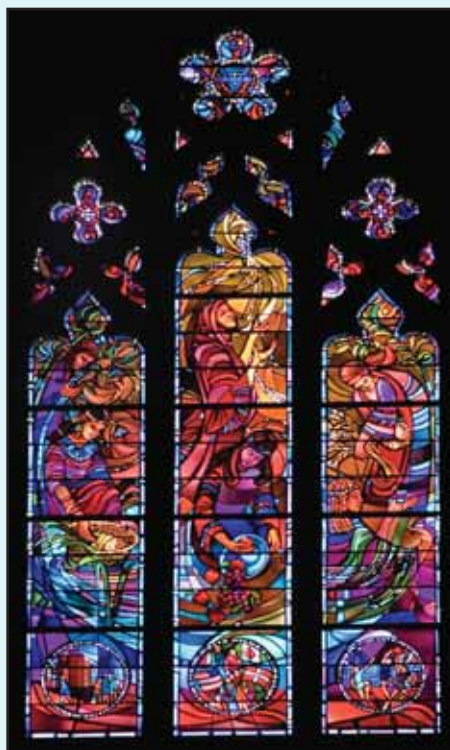
Decree on the Instruments of Social Communication (Inter Mirifica)

Reverend Monsignor Peter M. Polando, National Chaplain

One of the more significant fetes in the history of a human person is the means by which the person communicates. Think of this in your own personal development: as a child; in becoming a teenager and young adult; interaction as a parent with your children; social communication with fellow workers and managerial associates; tender talks with grandchildren and great-grandchildren; and, unfortunately, experiencing failure to be able to communicate effectively with others. The means of communication have evolved from various languages, means and ways – from papyrus to Facebook and forms of relating to one another will continue to evolve.

As Christians, we know that the Bible is our God's communication to us as to who God is, how much God loves us and our ability to communicate with Him, especially in the person of Jesus Christ the Word made flesh revealed to the Apostles and fellow Disciples of the Salvation to be gained for all in His cross and resurrection. Before He ascended into Heaven, Jesus commands them to communicate His message the Good News. He said to them, "Go into all the world and preach the good news to all creation. Whoever believes and is baptized will be saved, but whoever does not believe will be condemned. And these signs will accompany those who believe: In my name they will drive out demons; they will speak in new tongues; they will pick up snakes with their hands; and when they drink deadly poison, it will not hurt them at all; they will place their hands on sick people, and they will get well." (Mark 16:15-19). Jesus communicates to us the love of the Father and whatever is necessary we are to communicate that love to one another.

The message of the Gospel has been handed down to us in various forms – in writing, art, stained glass and through the media; whatever and whenever, we are to proclaim the Gospel. The Fathers of the Second Vatican Council had the insight



to express concern surrounding the influences of social communications, i.e., the press, movies, radio, and television; on society and the implications of what people see and hear. In the Decree on the instruments of social communication (Inter Mirifica) the Fathers decreed, "The Catholic Church has been commissioned by the Lord Christ to bring salvation to every man, and is consequently bound to proclaim the Gospel. Hence she judges it part of her duty to preach the news of redemption with the aid of the instruments of social communication and to instruct mankind as well in their worthy use" (Paragraph 3). This document, which was promulgated on 4 December, 1963, acknowledges the good that social communication hands down to people today but also cautions us to be aware of those instruments which may lead us away morally from the Good News.

I believe that the communication devices that we and our children have at our fingertips bring the world so much closer to ourselves. We are able to talk and see relatives and friends across the

world in a matter of seconds. A map for a journey can tell us how to get to a destination, as we are driving. Research on a project does not demand us to be in a laboratory or library – it can be done on our telephones. What a gift of social communication our young people have today. And for us older people, what a gift we possess in our younger people teaching us how to use these gifts!!

But the Fathers of the Council warn us, as I mentioned above, that caution must be maintained to sustain God's morality that promotes the Good News and not lead us into sin. "People should reject whatever could become a cause or occasion of spiritual harm to themselves, whatever could endanger others by bad example and whatever would impede good selections and promote bad ones. The last effect generally results when financial support is given to men who exploit these media for commercial reasons" (Paragraph 9).

Although this decree was written fifty years ago, it has just as much value today and should be a guide for us in our use of the instruments of social communication. The preaching of Jesus having been our communication with the Father for over 2,000 years and the Catholic Church has been the guardian and transmitter of His teachings. May we utilize these gifts of communications in promoting the Good News for our salvation and for the good of all humanity.



From the Desk of the National Secretary

Sue Ann M. Seich



In June we have so many exciting opportunities to share with family as school comes to a close and many students graduate from pre-school to college. In the middle of June we celebrate and honor our fathers and all men who had a role of protecting, supporting, motivating and caring for us from our childhood to adult years. We thank God for their presence in our lives and how

blessed we were and still are because of them. Our Association has had several men in leadership positions over the years on our Board of Directors. In 2011, four

men were elected to serve our Association until the year 2015 on our FCSLA Board of Directors. We are very fortunate to have dedicated males in leadership roles in many of our branches and districts as we continue to grow. We thank them for their dedication, support and efforts. On Father's Day let us remember men who have touched our lives in any way.

"Happy Father's Day to all of our members and friends."



This message is for branches who need a little reminder. The Home Office sends out a compensation check to every branch once a year. These funds are for branch expenses and donations. When a branch is closed and the monies are returned to the Home Office to be dispersed, we are astounded at some of the amounts. We would be ecstatic to find a small amount. This small amount of money would be interpreted that the branch was operating under the guidelines of our Branch Management Officer's Guide. The guide book specifies where the money is to be used. It is not the Branch Officer's personal money. The branch fund has purposes and directions as to its use. The money should be in an account with **two signatures** and the proper **Tax I.D. Number**. If there is a question as to where or how the money is to be spent, just ask! We would be happy to assist at the Home Office and answer your questions.

The Branch Secretary and Branch President receive a monthly Branch newsletter. It is their responsibility to copy the newsletter and share it with branch officers and members at monthly meetings. This helps to keep everyone updated in Home Office procedures and updates.

Until next issue, may God keep you happy, healthy and loved.

FCSLA Connects . . .

By Kelly Shedlock

WHY IS LIFE INSURANCE IMPORTANT? WHY DO WE NEED IT?

The answer to these questions is simple – Peace of Mind!

Basically a life insurance policy/certificate is income replacement for your family. By having life insurance policies/certificates, with current and updated beneficiaries your family will be able to pay for your funeral and pay off any outstanding debt. Knowing that if you died today, your family will be taken care of financially. Giving both you and your loved ones — Peace of Mind.

Everyone needs life insurance. It is not a fun topic to think about or discuss. It's like retirement savings when you are young. It seems so far away and you think I don't need it at this point in my life. The truth is something can happen to any one of us at any time. No matter what your age.

Buying life insurance can easily fit into your budget. Especially if you're young, it's a great time to apply for a policy because you are likely to get a better rate due to your age and better health. Even if you are older you can still find a great policy that won't break the bank.

Whether you are married, married with no children, single, a single parent or retired, you can find a policy with FCSLA to fit your needs and budget. If you have children – purchase a policy for them now while they are young! FCSLA has New-born, Super Youth, Single Premium Whole Life and Term policies. Please contact your agent or licensed recommender for more information and a quote. You can also go to our website www.fcsla.org and click on products or quote.

From APRIL 1 through JUNE 30, 2013,
older FCSLA annuities (issued prior to 2005)
with a guaranteed minimum rate of

4.50%

will earn a yield of 4.6025%.

NEWER FCSLA ANNUITIES (issued 2005 and after)
with a guaranteed minimum rate of

3.50%

will earn a yield of 3.5618%

while those with a guaranteed minimum rate of

3.00%

will earn a yield of 3.0453%.

News from Your Fraternal & Youth Director

▶ Kelly Shedlock



30 DAY CHALLENGE

This year's summer challenge is going to be a combination challenge of Fitness, Nutritional, Trying Something New & Different or Completing Task(s) that you have been putting off "till tomorrow".

The Summer Challenge will run from July 1, 2013 to July 31, 2013.

This fraternal program encourages all members, all ages to participate. A surprise gift will be awarded to everyone that completes the 30 day challenge.

HERE ARE THE GUIDELINES FOR THE JULY 30 DAY CHALLENGE:

1. FCSLA members are encouraged to accept the challenge.
2. You must be an FCSLA member to qualify.
3. A calendar should be kept with daily entries of the challenge you chose for each day. You get 1 "free" day for the month. Make sure to mark "Free Day" on your calendar!
4. The FCSLA entry form* must be received by mail or email before June 30, 2013.
5. You can pick one particular challenge to do all 30 days or you can mix it up and do a variety of daily challenges.
6. Some examples:

FITNESS

- Walk — Start off with walking ½ mile and increase daily or weekly.
- Sit-ups — Start off with 25 and increase daily by 10 for 30 days.
- Stairs — Walk up and down 25 per day and increase daily.
- Jogging — Start with a ¼ mile and increase daily or weekly.
- Or any combination you would like.
- Come up with your own fitness ideas.

NUTRITIONAL

- Drink water only — no coffee, pop, ice tea, etc. — see how many days in a row you can do this all 30 days?
- No sugar — (no sweets/candy, but fruit and sauces are okay).
- Try eating 3 servings of fruits and vegetables per day for 30 days.
- What other ideas can you come up with?

TRY SOMETHING NEW & DIFFERENT

- Volunteer at an animal shelter — great for the whole family.

- Do a Sudoku puzzle every morning before work / start of your day.
- Offer to mow your elderly neighbors lawn.
- Volunteer at a food kitchen — great for the whole family.
- Offer to weed the flower beds at your church.
- What have you always wanted to try?



TASKS YOU HAVE BEEN "PUTTING OFF"

- De-clutter your house.
 - Kids can collect toys they haven't played with in the past 3 months.
 - Have a garage sale with all the items you de-cluttered from your house.
 - Kids can have their own section at the garage sale for their items.
 - Cleaning out the garage — kids can help too.
 - What have you been "putting off"?
7. Your completed calendar must be received at the Home Office no later than August 16, 2013.

*Be creative! The skies the limit on this challenge.
Good Luck!*

*You may choose to use the form below or it is available on our website. Go to our website www.fcsla.org click on the word "Fraternal", located on the left hand side of the page, and scroll down "30 Day Challenge". Click on that link and it will bring up a link to the Entry Form, click on the Entry Form. Complete the entry form and return it to: Kelly@fcsla.org

FCSLA'S JULY 30 DAY CHALLENGE

Name (please print) _____

Branch # _____

Address _____

City _____ State _____ Zip _____

I, (your signature) _____,

Accept the FCSLA's 30 Day Challenge.

Mail to: Kelly Shedlock, FCSLA Fraternal & Youth Director
24950 Chagrin Blvd., Beachwood, OH 44122

Message from our National President

CYNTHIA M. MALESKI



As springtime unfolds into summer, we celebrate many holidays which honor special persons in our lives. Our mothers always hold a cherished place in our hearts, as do our fathers whose special day is in June. Memorial Day affords us an opportunity to honor those in our communities who have served our country. We hope that you enjoy these special days with family and friends.

As your National President, I recently convened the 12th Annual Meeting of District Presidents in our home office. District Presidents from around the country gathered for a positive day of information sharing in order to find ways we can better serve our members. We prayed together as our National Chaplain, Msgr. Peter M. Polando, celebrated Mass for us and home office employees. Our District Presidents' Roundtable was led this year by Judith Fedor, Pittsburgh District President, who focused on the importance of the branch activity report and development of district guidelines, presented by Mrs. Bernie Demechko, Youngstown District President.

A highlight of the day was a heartfelt presentation by

Mary Ann Johaneck, immediate past National President, who gave an account of her participation in the Slovak Catholic Federation Pilgrimage to Rome, Italy, especially her meeting and dinner with Joseph Cardinal Tomko and the leadership role our Society has played in the founding and development of the Pontifical College of SS. Cyril and Methodius.

A moving presentation was given by Joseph Sladeczek, Texas district president, regarding the devastation in West, TX and its effects on our members there. To help our members and the community of West, TX, where they live, we plan to conduct a **disaster relief drive** through our branches, districts and home office. Branch and district officers will receive information about the details of this compelling effort in the coming weeks.

Yes, dear members, our Association is hard at work putting **fraternalism in action**, as we also continue to push our sales campaign to bring in new members! As we honor our mothers, fathers, and those who died for our country during this time of year, let us find our inspiration from them to keep our spirit strong with the wind at our backs to build our Society, member by member, and help those in need, one by one.

May God bless all of us in our noble work!

Cynthia M. Maleski
National President

MATCHING FUNDS ACTIVITIES

Branch W033 — Spillville, Iowa

Breakfast and Raffle

Branch W033 (Spillville, IA) Secretary Rebecca Kuhn presented a \$1,600 check to Katie Schmitt, Principal of St. Wenceslaus Catholic School in Spillville, IA, on Monday, April 1, 2013.



A \$1,000 profit was made from the Annual FCSLA Breakfast and Raffle held the first Sunday of March each year. The \$600 additional was from the Matching Fund program sponsored by the Home Office and authorized by the National Board of Directors. The money will be used toward renovations of classrooms. In addition the branch donated a new microwave for the schools luncheon room/kitchen.

Celebrates 65th Wedding Anniversary in June



Leo and Theresa Doll of Perham, MN celebrated their 65th wedding anniversary on Sunday, June 2, 2013 with Mass at 10:30 a.m. at St. Lawrence Catholic Church of Rush Lake near Perham, MN.

Leo and Theresa (Schornack) Doll were married June 2, 1948 at St. Henry's Church in Perham, MN. A private family celebration followed the Mass.

Leo and Theresa are members of Branch W500 in New Prague, MN.

ŽENSKÁ JEDNOTA

Dedication of Bishop Andrew G. Grutka Center

The "Bishop Andrew G. Grutka Center" was dedicated at Calumet College of St. Joseph in Whiting, IN, in February 2013.

The Center will preserve the memory of the work Bishop Grutka did on behalf of the Slovak people as well as the Diocese of Gary, IN.

The materials and documents contained in the Center are revealing and relevant to the latter years of the 20th century, many of them years of turmoil, social unrest, and change. The events of those years affected the Catholic Church as well as the world. Local, state, national and international events prompted social and cultural change, almost upheaval.

The Center views the episcopacy of Bishop Grutka in that context of change and upheaval. The challenges of the times to the Church, the community and beyond called him to leadership roles on a variety of issues. The materials in the Center document his role and responses to those challenges.



L-R: Monsignor Joseph Semancik, former Mayor Richard Hatcher, Bishop Dale Melczek, Father Robert Gehring, Dr. Anthony Bonta, and Dr. Daniel Lowery.



L-R: Betty Yurechko, Jason Yurechko, Leona Cupka, John Zaborske, Bishop Dale Melczek, Dr. Daniel Lowery, Lillian Zaborske, Monsignor Joseph Semancik, and Agnes Chervenak.

Attends Dedication of Memorabilia



The Slovak community of Whiting, IN as well as the entire Gary Diocese was proud to attend the dedication of a large area at Calumet College of St. Joseph which contains Slovak memorabilia of Bishop Andrew Grutka, the first Bishop of the Gary Diocese where he served for 28 years until Pope John Paul II accepted his resignation on July 9, 1984.

Many of the members of the Helen Kocan District attended the dedication and were overwhelmed by the extensiveness and beauty of the archives. They were proud to admit that they were Slovak and members of the First Catholic Slovak Ladies Association which has financially supported this addition.

To show appreciation to Calumet College of St. Joseph for preserving and promoting the Slovak heritage in Indiana, the Helen Kocan District expressed their desire to help maintain the archives by contributing \$500 to the college.

Pictured is District president Margaret Abildua presenting a check for \$500 to Calumet College president, Dr. Daniel Lowery. Observing the presentation is the Director of Marketing and Public Relations, Linda Gajewski who is a member of FCSLA Branch 81.

FCSLA National President to be Main Speaker

Cynthia Maleski, National President of FCSLA, will be the main speaker at the Cleveland Bratislava Sister Cities (CBSC) meeting that will be held on Monday, June 10th at the FCSLA Headquarters at 7:00 p.m. Cynthia will provide an overview of the 121 year history of the FCSLA. She will speak about her own personal history and her role over many years in both the United States and in what is now known as Slovakia in the development of the new democratic Slovak Republic. If you are interested in attending or have any questions, please feel free to contact Marie A. Golias at 216.468.1023 or at magolias@fcsla.org.

Chicago District Hosts “A Day of Recollection”

with Monsignor Dennis J. Lyle

The Chicago District hosted “A Day of Recollection” with Monsignor Dennis J. Lyle on Saturday, March 16, 2013 at the Garden Chalet in Chicago Ridge, IL. Monsignor Lyle shared with the approximately 42 members from various branches within the District, reflections on prayer and our relationship with God through prayer by reflecting on various Old Testament, New Testament and Gospel readings heard at Sunday mass during the Lenten season along with the thoughts of various Saints who have written and reflected on prayer and finding God’s presence in their lives.

Monsignor Lyle explained that prayer is not complex or schooled – it’s simple – and by sitting quietly and being present to God allows us to invite God in and dwell in us. The desire to have God dwell in us is prayer. He also shared with the group that when Jesus calls his Disciples to be his friends, we should be asking the question – How do I become friends with Jesus? We become friends with Jesus by taking on the qualities that Jesus exhibited in His own life of patience, forgiveness, love, compassion, understanding, and reconciliation. When we exhibit these qualities and share them with all those in our lives, we allow others to experience Jesus through us. He reflected briefly on the

meaning of parish and how this is a sojourn since we must think of ourselves not as citizens of this world, but as citizens of Heaven, helping each other in our parish community to discern and achieve what God wants us to do before returning home to Him. He quoted Ignatius Loyola who reminds us, that “often temptations come as angels of Light” and from St. Paul who writes to pray always. He shared what Brother Lawrence of the Resurrection (1600s) wrote that, while the “trees looked dead God will bring them back soon!” and St. Teresa of Avila who reminds us, that “God is present amongst the pots and pans in the kitchen.” Monsignor Lyle reminded all that to be aware of God is to pray always, that desiring God to be with us is a form of prayer and to be mindful of God even in times of temptation.

Monsignor Lyle is a native Chicagoan, alumnus of St. Nicholas Tolentine School on the South side of Chicago and has been a Chicago Archdiocesan priest for 21 years. Over the years he has been an associate pastor at St. Joseph/St. Bartholomew Parish in Waukegan, a member of the faculty of St. Joseph College Seminary and after completing his doctorate in moral theology in 2000 from the Accademia Alfonsiana in Rome, began teaching moral theology at

continued on page 19



Sr. Branch 89 Hosted Spring Meeting for Frances Jakabcin Eastern PA District

Sr. Branch 89, Bethlehem, PA hosted the Spring meeting of the Frances Jakabcin Eastern PA District on Sunday, April 21, 2013 at the Northampton Community Center, Northampton, PA. Dawn LaBuda of Sr. Branch 89 welcomed everyone to the meeting on behalf of her branch.

After a delicious luncheon the meeting was opened with prayer, the pledge of allegiance and singing of our National Anthem. A special prayer was said for the victims lost in the Boston Marathon bombing and the fertilizer plant fire in West, TX. President Bazik thanked Sr. Branch 89 for hosting and everyone joined in a round of applause for the chef and service staff at the community center.

President Veronica Bazik presided over the meeting and informed members about our quota and the importance of matching funds projects, sharing details from District Financial Secretary Louise Dunstan about the steps involved to receive Home Office approval for your project. In addition she talked about Join Hands Day and stressed that this was a great opportunity to partner with our youth to accomplish meaningful work in our communities. She also announced that Christmas in July will be held on July 18th (the 3rd Thursday) at Knoebel's Grove Amusement Park in Elysburg, PA.

If any branch in the district wants to participate and needs the invitation shell they can contact Carolyn Bazik at zjbazik@comcast.net. Let President Bazik (570-645-5253) know how many from your branch will be in attendance so that the right amount of snacks and soda can be purchased.

National Editor Carolyn Bazik spoke about the organizations 2012 performance from a membership and financial standpoint. She echoed how the matching funds program works and encouraged every branch to think about a project.

National Vice-President Barbara Waller spoke about the work and progress of the National Bylaw Revision committee and reminded members that our representative Suzanne Strohl was working on the leadership group. She encouraged branches to think about selecting the person they want to send to the special convention in October 2014 so that their voice can be heard and their vote can be counted.

President Bazik announced that the Fall Meeting will be hosted by the Mahanoy City and Shenandoah, PA branches – date and exact location to be determined.

Raffle prizes were awarded and the meeting adjourned with prayer.



COME ONE, COME ALL!

Please mark your calendars to celebrate the 90th Annual Slovak-American Day at Kennywood Park, PA on Thursday, July 18th beginning at 12 noon. Features include Slovak Mass, Slovak kitchen and entertainment, children's games and discounted ride all day tickets (if purchased from a committee member).

BRANCH W006 HOLDS ANNUAL SAUSAGE SUPPER AND MASS

FCSLA Branch W006 located at Holy Trinity Parish Heun, in rural Clarkson, NE held their annual spring sausage supper following the 5 p.m. Mass celebrated by Fr. Leo Rigatuso. Following the delicious meal prepared by the Holy Trinity Altar Society, W006 Branch President Gene Sobota reviewed the past year after which Treasurer Larry Kuzel and Secretary Rolland Svec presented a check to Delvin Hegemann, president of the Howells Community

Slovak Heritage Society Holds Annual Meeting

The Slovak Heritage Society of Northeastern Pennsylvania held its annual meeting recently at the Ramada Inn, Wilkes-Barre, PA.

Officers and Board Members for 2013 are shown below, seated from left, Dorothy Sullivan, Nanticoke; Recording Secretary Anna M. Hudock, Wilkes-Barre; Dinner Chairperson Elaine Palischak, Plymouth; Society Chairperson, Philip R. Tuhy, Wilkes-Barre; Membership Chairperson Mary Migatulski, Wilkes-Barre; and Financial Advisor Magdalen M. Benish, Plains.

Standing from left are Joseph Kowatch, Edwardsville; Benevolent Chairperson Constance Plewniak, Wilkes-Barre Twp.; Society Chaplain Rev. John Albosta, Plains; Education Co-Chairperson Andrew Sofranko, Hanover Twp.; Michael Stretanski, Kingston; Anthony Palischak, Plymouth; Corresponding Secretary Bernadette Yench, Wilkes-Barre; Treasurer Jackson Hendershot, Wilkes-Barre; and Public Relations Director William A. Zdanczewicz, Edwardsville. Not shown Education Co-Chairperson, Helen Savinski, Swoyersville.

The Slovak Heritage Society was founded during the American Bicentennial in 1976 by Monsignor Francis J. Beeda, S.T.L. and Slovak cultural activists. The group's mission is "to advance an awareness of the Slovak heritage and culture among all people by means of education and social interaction." For additional information on the society's program and seasonal Slovak cultural events, visit its website: www.shsne.org.



Catholic Schools Board of Education in appreciation for the community's Catholic education.

Mr. Hegemann, in his remarks, while accepting the check, indicated that the money will be used for updating playground equipment and that the donation is greatly appreciated.

Branch W006 would like to thank the National Office of the FCSLA and Saint Isidore District 11 for their tremendous support of the local Branches making donations like this possible.

Branch Secretary Rolland Svec announced that Lori Bunn and Brian Mastny have reached the milestone of 50 years of continuous membership.



L-R: Branch W006 50 year members Lori Bunn and Brian Mastny.



L-R: Branch W006 Treasurer Larry Kuzel, Howells Community Catholic Schools President Delvin Hegemann, W006 Secretary Rolland Svec, and W006 Branch President Gene Sobota.

Attention Members!

Have you checked out the FCSLA website lately?

www.fcsla.org

We have updated the Fraternal Section! There is a new Virtual Coloring Book, Word Search Puzzle, Word Fun Puzzles, Fun Fact section - Electing a New Pope & new jokes! Complete the puzzles or color a page or two, send them in you may win a prize!

2013 WORD SEARCH CHALLENGE #3



Find words associated with the 1950s.
Words may be found up and down,
side to side or diagonally.

THE 50s

N	F	W	I	Z	F	S	E	T	I	U	S	L	O	O	W	E	T	B	P
S	A	K	A	X	H	U	X	S	N	Y	K	H	E	B	T	R	J	E	E
A	I	E	J	C	W	Q	T	M	I	Z	T	K	O	D	A	O	B	H	D
D	I	S	D	S	N	N	K	U	V	C	H	Y	X	N	H	U	J	A	S
D	C	O	W	S	U	W	B	Q	B	T	Y	C	S	N	D	O	H	M	E
L	A	C	R	V	E	J	K	C	G	M	O	I	N	D	V	F	P	R	L
E	R	K	A	E	L	M	R	M	E	D	S	Y	Y	W	T	E	K	P	T
S	W	H	W	X	F	L	A	X	M	T	U	H	I	B	R	X	T	E	D
H	P	O	N	G	P	C	J	J	O	N	O	N	A	I	X	O	O	R	E
O	O	P	A	M	W	I	H	R	I	L	X	B	J	B	G	R	Z	V	W
E	O	S	E	C	O	R	R	T	L	D	Y	S	D	K	N	P	I	I	U
S	D	F	R	G	R	A	A	Y	X	B	T	R	L	O	Z	H	L	F	S
C	L	F	O	F	D	S	G	O	O	A	I	G	M	H	E	L	P	I	C
O	E	H	K	I	H	O	B	O	N	V	A	N	M	E	I	L	V	U	M
L	S	G	O	Y	M	E	M	M	E	D	Y	H	B	E	G	L	J	V	K
D	K	K	X	C	K	E	U	I	I	L	C	B	M	D	E	C	F	E	P
W	I	P	H	U	R	S	N	O	I	O	X	A	O	O	I	G	I	K	I
A	R	Q	J	S	I	S	F	R	P	M	Y	Q	R	T	W	I	S	T	L
R	T	V	G	A	P	K	A	D	D	S	Q	W	A	G	P	L	E	M	E
A	S	K	L	P	O	M	Y	C	U	L	E	V	O	L	I	F	Y	R	R

BABY BOOMERS
BEEHIVE (hair do's)
BUDDY HOLLY
COLDWAR
DRIVE-IN'S
EDSEL
ELVIS



I LOVE LUCY
JAMES DEAN
JOHNNY UNITAS
JUKEBOX
KOREAN WAR
MARILYN MONROE
POODLE SKIRTS

SADDLE SHOES
SOCK HOPS
STAN MUSIAL
TRANSISTOR RADIO
(the) TWIST
WILLIE MAYS
WOOL SUITES

Name: _____ Age: _____

Address: _____

City: _____ State: _____ Zip: _____

Branch: _____ Phone # _____

All 6 Puzzles must be in the Home Office by Friday, October 18, 2013!

**Mail to: FCSLA Fraternal Department
24950 Chagrin Blvd., Beachwood, OH 44122**



IN MEMORIAM

SHARON HOWE PRICE

Sr. Branch 172



Sharon Howe Price, 45, of Virginia Beach, VA, passed away November 17, 2012, after a long and courageous fight against breast cancer.

She was born November 12, 1967, in Wilkes-Barre, the daughter of Eleanor Howe and the late James Howe. She was also preceded in death by her brother, Charles Howe.

She graduated from Bishop Hoban High School in 1985 and received her Bachelor of Science degree in accounting from King's College on May 21, 1989.

She began working for Ingersoll-Rand in July 1989 as a staff auditor. Over the next 23 years she was promoted five times to positions with increased responsibility as the company transitioned from Ingersoll-Rand to Ingersoll-Dresser Pumps and ultimately to Flowserve Corp.

During this time with the company her job took her to many different countries, where she had the opportunity to experience foreign cultures which she enjoyed tremendously. Her last position with the company was that of director, controller for industrial pump operations, Americas.

She was a loving wife, mother, daughter, sister and a loyal and caring friend. She was also active in the local community and donated her time to teach religious education classes at St. John the Apostle Catholic Church. She had a deep love for the Outer Banks of North Carolina, walks on the beach, reading, fishing, baseball and was a lifelong New York Yankees fan.

She is survived by her husband of 12 years, Andy Price; daughter, Emily Price; son, Nevin Price; mother-in-law, Linda Price; sister-in-law, Kim Willey, all of Virginia Beach, VA; mother, Eleanor Howe, Wilkes-Barre; sisters, Linda Sabol and husband, Carl, Harding; Nancy Yankowski and husband, Bill, Plains Township; Marianne Howe and companion, Martyn Androsky, Kingston; seven nieces and nephews, Northeastern Pennsylvania; and many loving friends.

EDWARD J. "ED" ZELIK, SR.

Branch W500



Edward J. Zelik, Sr., 92, passed away on January 11, 2013. He was born on March 29, 1920, the youngest child of the late John F. Zelik and Karoline A. (Schaffer) Zelik.

He is survived by his loving wife of 69 years, Dolores "Dee" (Scherer) Zelik. Ed was the father of four sons. His eldest son, Edward Zelik, Jr., preceded Ed in death in 1998. He is also survived by Estelle Zelik, the wife of Edward Zelik, Jr., Rev. Richard Zelik, OFM, Cap., Pittsburgh, PA, Howard and Regina Zelik, Upper St. Clair, PA, and Jeff and Gail Zelik, Downingtown, PA; seven grandchildren; three step-grandchildren; three great-grandchildren; and three step-great-grandchildren.

Ed's three brothers and three sisters preceded him in death, Juliana Yoest, Andrew, John, Anne McGrail, Marie Gaertner, and Frank.

Ed was drafted into the U.S. Army in December 1941 and served in the Army Air Corps during WWII participating in D-Day and the invasions of Southern France and Holland. He served until he suffered a severe leg injury on September 17, 1944 and subsequent discharge in August 1945. Ed then worked for the Internal Revenue Services as a criminal investigator until 1972, accumulating over 30 years of service for the Federal government. Following his retirement with the IRS, Ed worked for another ten years with the Disciplinary Board of the Pennsylvania Supreme Court, hired as their first investigator.

Ed and Dee lived at the same house in Shaler Township for over 66 years. Ed had many talents and he donated his talents and time in many places. Like his father, he enjoyed woodworking and wood restoration. Some of his talent can be viewed at Holy Spirit Church in Millvale, PA where he overhauled the sanctuary and restored all the woodwork.

MARGARET A. KAPALA

Sr. Branch 180

Margaret "Just Marge" A. Kapala, 93, passed away on January 16 at the Lex-

ington Health Facility in Orland Park, IL.

She was born on February 5, 1920, of the late John and Magdalen Kapala. She worked many years for the Pullman Company and Railroad Yardmasters. After retiring she worked with the Cook County Sheriff senior division and the Cap program with the Chicago Police Department. She loved visiting the sick, the freedom that her car gave her, her many pets and her nieces, nephews, grand-nieces and grand-nephews many whom she taught to drive.

She is survived by her brother Joseph and his family. She will be remembered for her Tomato Soup Spaghetti, green carrot Jell-O and her Easter bread and the hundred of afghan blankets that she made and shared with those she loved.

She was a devote Catholic and loved to say many rosaries each day. Any contributions in her name can be sent to Father Mark at St. Anthony of Padua, 11533 South Prairie Ave., Chicago, IL 60628.

MARY ANN B. YAKUBIK

Sr. Branch 119

Mary Ann Yakubik, 63, passed away February 2, 2013. Loving daughter of the late John A. and Mary A. (nee Stropki) Yakubik; dearest sister of Joanne, Major John E. (retired) and Theresa; granddaughter of the late George and Anna (nee Franko) Stropki of Byesville, OH, and the late Andrew and Anna (nee Kresak) Yakubik of Cambridge, OH; beloved niece, cousin and friend of many.

Mary Ann was a lifelong active member of St. Wendelin Church and the Altar and Rosary Society. She and her brother John were avid fans of the Cleveland Indians and Browns. They enjoyed baseball and football together.

Mary Ann worked many years in advertising before she joined the FCSLA Home Office Staff in 2012. It was a whole new field of work for her and she enjoyed the challenge. She made a lasting impression on FCSLA staff members and will be missed.

MARY T. PASTUCHA NUBER

Branch SZJ

Mary T. Pastucha Nuber, 93, of Erie, PA died December 31, 2012 at the Village at Luther Square. She was born in Pittsburgh, PA on December 12, 1919, a

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daughter of the late Paul and Ursula (Cabaday) Pastucha.

Mary had previously worked at the Boston Store and did volunteer work at Saint Vincent Hospital in Erie. Mary was also an active member of Saint Joseph Catholic Church. She enjoyed spending time with family and friends, reading, and traveling.

She is preceded in death by her husband, Donald R. Nuber and a brother, Paul Pastucha and sister, Helen Adams.

She is survived by her daughter, Diane Tuttoilmondo and her husband Frank of North East, two grandchildren, Dawn Tuttoilmondo Blair (husband, Aaron Blair) and Chad Tuttoilmondo (wife, Andrea Litterini Tuttoilmondo), two great-grandchildren, Isabella and Antonio Tuttoilmondo and a close friend, Lore Blair.

JAMES M. GAYDOS

Sr. Branch 89



James M. Gaydos, 60, of Middletown Twp., Media, PA, died March 30, 2013, at Riddle Memorial Hospital.

Mr. Gaydos was born and raised in Bethlehem, PA. He had been a resident of Middletown Twp.,

Media, PA for 30 years. He was a 1971 graduate of Bethlehem Catholic High School, a 1975 graduate of Muhlenberg College and was the recipient of a master's degree from Kutztown University. Jim was a wrestling champion during high school and college and he also was an enthusiastic history buff.

Mr. Gaydos worked with Synthes CMF for 27 years, as a Regional Sales Manager. Mr. Gaydos was a parishioner of the Church of St. John Chrysostom. Jim was an outdoorsman who enjoyed boating, kayaking and hiking. He also was a passionate Philadelphia sports fan.

Survivors include his wife Christine (nee Forrer) Gaydos; son Michael D. (Jill Diamond) Gaydos of New York, NY; and daughter Kristen Gaydos of Media, PA; a

sister Marcia Finisdore of Media, PA; sister-in-law Joan Forrer of Mt. Laurel, NJ; nephew and nieces.

Contributions may be donated to Lustgarten Foundation, 1111 Stewart Avenue, Bethpage, NY 11714.

LUCIAN PAPROCKI

Branch W080

Lucian Paprocki died on March 22, 2013, in Omaha, NE. He was born on November 4, 1931 to Steve and Josephine (Chochon) Paprocki. He attended St. Michael's Catholic School in Tarnov. The family moved to a farm near Richland, and Lucian later entered the Army and served in Korea.

He was united in marriage to Charlotte Hoffmann on May 11, 1957, at St. Peter's Catholic Church in Omaha. They made their home on a farm near Richland where they raised cattle. In 1967, they moved to a farm near Clarkson where he began a dairy with eight cows. They now have over 150 head, and Lucian and Charlotte were both still actively involved with the dairy and farming operation with his sons at the time of his death. In addition to the dairy and farming, he also was a Vigortone Feed salesman.

Lucian was a member of Ss. Cyril and Methodius Catholic Church where he was a member of the Holy Name Society. He was also a member of the Knights of Columbus, VFW Cornhusker Post 6419 and served on St. John Neumann school board.

He enjoyed fishing, trap shooting, hunting, polka music, watching western movies — especially John Wayne movies — and coming up with nicknames for his grandchildren.

Lucian is survived by wife Charlotte Paprocki of Clarkson, son Charles (Lorie) Paprocki of Clarkson, daughter Susan (Robert) Brabec of Clarkson, son Mark (Judy) Paprocki of Clarkson, daughter Jacqueline (Alan) Sayers of Clarkson, son William (Kari) Paprocki of Clarkson, son Matthew (Tricia) Paprocki of Clarkson, 18 grandchildren, five great-grandchildren, sister-in-law Loretta Paprocki of St. Edward.

He was preceded in death by parents Steve and Josephine Paprocki, granddaughters Audra Brabec and Emily Paprocki, brothers Edwin Paprocki and Clarence Paprocki, sisters Theresa Kosiba, Raphaela Kosiba and Clementine Kosiba.

HELEN M. KISHEL

Sr. Branch 124

Helen M. Kishel, 87, of Jefferson Township, went to be with the Lord on December 3. She passed away in the loving arms of her daughter, Lori.

Helen had been a resident of St. Mary's Villa in Elmhurst since March 2011. Born in Throop, daughter of the late Michael and Ann Gombar-Zurko, Helen was a member of the Blessed Sacrament Parish at St. Anthony's Church, Throop. She was a graduate of Throop High School.

Helen's passion in life was baking and cooking, and creating delicious meals for her family and friends, which became her profession. She later opened her own bakery in Dickson City, Helen's Pastry Shoppe. However, for more than 30 years, Helen wrote the food column "From Helen's Kitchen," which appeared in the Valley AdVantage, Pocono Shopper, Triboro Banner, NYPennySaver and several other local newspapers. Her wish was for the column to be continued by her daughter.

Helen's beloved husband of 56 years, Albert, passed away on January 21, 2012. She is survived by a daughter, Lori Kishel, Jefferson Township; nieces and nephews. Helen was preceded in death by sisters, Margaret Pagnutti, Wilma Miklus, Ceil Burke and Sister Mary Vincent, O.P. Dominican Order; and brothers, Paul, Edward, George and Michael Zurko.

Helen was truly a wonderful woman and a friend to everyone. She had a beautiful, engaging smile that will be missed by all, especially by her daughter, Lori. Helen was a loving and caring wife and mother. The loss of our Helen will be felt for years to come, as she touched the lives of many through her work, and family and friends alike.

Send us your Wedding, Anniversary and Birthday Announcements!
zjbazik@comcast.net



We Want to Hear From You!

- Did your children, grandchildren receive special awards or achievements in school?
- Baptisms? Confirmations? New Members?
- Participated in Volunteer and Community Projects?

If they are members of the FCSLA please send us a photo and short article about their special achievements!

ABBEY HENRICHS, age 9, a members of the JH0H branch received a first place award for her drawing the "True Meaning of Christmas" at Nativity Catholic School in Rhinelander, WI. The drawing was then sent to The Superior Diocese where she received 3rd place among 2,000 student entries. The contest is sponsored by the Knights of Columbus. Abbey has her own card business; she draws pictures, and displays them on note cards to sell. In addition she was the Vice President of her class, plays the piano, is an honor student at her school, sings in the church choir and loves to plays sports. She volunteers at church functions where she loves giving back to her community. Abbey is the proud granddaughter of Dave and Lorraine Henrichs and the daughter of Scott and Wendy Henrichs.



ANDREW HENRICHS, age 8, a member of the JH0H branch, received second place in the Pinewood Derby, Pack 660, at Nativity Catholic School in Rhinelander, WI. Andrew will make his First Holy Communion this May. He is also a "Mass Server", and loves building and constructing Legos (he attended "Lego Camp" at Nicolet College). He serves his community by volunteering at church functions like the fish-fry and loves to play sports. Andrew is the proud grandson of Dave and Lorraine Henrichs and the son of Scott and Wendy Henrichs.



Great-Grandma Dolores Sirocky is proud of the newest members of Jr. Branch 508 (Cleveland, OH), her two great-grandsons **PAUL R. SIROCKY** (left), born in July 2012 and **AADEN M. COY** (right) born in September 2102.



Attention!

If you would like to receive *Fraternally Yours* by email instead of through the mail please return this form to the attention of Marie Golias at the Home Office.

Name: _____

Address: _____

City: _____ State _____ Zip _____

Email address: _____

You will begin to receive *Fraternally Yours* by email as soon as the changes can be made.

Spring Social Held in Merrillville, Indiana

Sr. Branch 289 and 184 (Gary, IN) held a Spring Social Party and Lunch from 1:00-4:00 p.m. on Sunday, April 21, 2013 in Merrillville, IN. Everyone in attendance had a wonderful afternoon socializing with fellow Jednota members.



The 23rd Edition of Our **SLOVAK-AMERICAN COOK BOOK**

**No books are sold
or delivered C.O.D.
ALL ARE SOLD FOR CASH**

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First Catholic Slovak Ladies Association
Attention: Cook Book Department
24950 Chagrin Boulevard, Beachwood, OH 44122

(Please Print)

.....
Name _____

Address _____

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State _____ Zip Code _____

Enclosed find \$ _____

☐ (Money Order) ☐ (Check) for _____ copies
of the Slovak-American Cook Book.

Jr. Branch 184 Commemorates 100th Anniversary

Jr. Branch 184 (Gary, IN) celebrated their 100th Anniversary in 2012. To commemorate the occasion, a Christmas Party was held on Saturday, November 17, 2012 at Our Lady of Consolation in

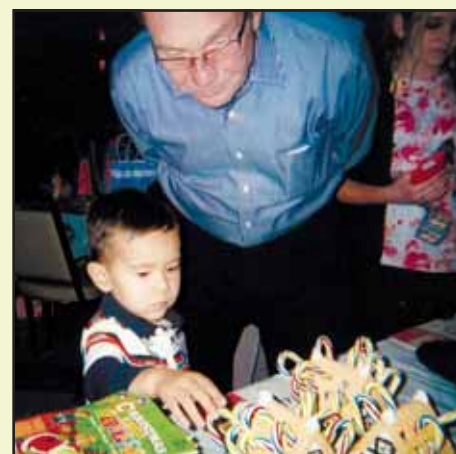
Merrillville, IN. Nearly 100 members attended the festive celebration. The children and their adult guests received welcome gifts and treat bags.

The children came dressed in their

winter attire. They played fun winter games like digging in the snow, hunting the winning candy cane, and spinning the wheel for prizes.

Sr. Branch President Leona Cupka led the prayer before the meal. The members and their parents enjoyed a delicious buffet of fried chicken, potato and macaroni salads, chips and veggies followed by a scrumptious vanilla or chocolate cake.

Before the junior members departed they were given gifts delivered especially for them by Santa. It was an afternoon to be jolly and much fun was had by golly.



10th Consular Tour to Slovakia August 24-September 3

Indian Summer or Babie Leto in Slovakia is a wonderful time to visit the country of your ancestors. The frantic days of summer, full of tourists and visitors, are over and the tranquil beauty of Slovakia is yours to see and experience at your leisure.

We will visit the three largest cities in Slovakia: Bratislava, the capital city; Kosice, the 2013 Cultural City in the European Union; and Presov, the sister city of Pittsburgh. In each city we will have special programs and activities. We will also visit the historical manor houses, castles, as well as the famous churches and shrines. This year, we will overnight at a famous spa, Trencianske Teplice, where we can relax with some of the health treatments.

We are offering several wine tastings, one in the Pezinok Modra region, which is famous for their white wine and one in Eastern Slovakia where we will sample the Tokaj wines.

We will stay in first class hotels and travel in air conditioned buses with bathroom facilities with an experienced English speaking guide. So think about this as the year that you will meet the people and see the places you have heard about for so many years.

For those of you who want to know from where and why your family immigrated to America, we will have English speaking drivers to take you to villages to see families and places that you heard about and will be able to see and meet your relatives.

If you are interested, and want more information please contact Joe Senko at 412/531-2990 during office hours or 412/956-6000 after office hours or at jtsenko@aol.com.

Sr. Branch 409 Holds Holiday Party

On Saturday, December 8, 2012, a beautiful afternoon, Sr. Branch 409 (East Chicago, IN) welcomed members to their annual Christmas Party held at Our Lady of Consolation Parish Hall in Merrillville, IN. Special guests in attendance at the party were members of Jr. Branch 317.



Members and guest were greeted by officers of Branch 409, Agnes Chervenak, President; Jeanette Bramer, Financial Secretary and Mathilda Hogan, Auditor.

Karen and Janice Bramer were directors of a variety of children's Christmas Craft projects, including making Santa's Reindeer food.

All guests were treated to delicious pizza, fruit-veggie platters, homemade pumpkin cheese cake, nut rolls, cookies, chips, cupcakes, punch and coffee.

Of course the main event of the af-



ternoon was a visit from Santa, (Mike DeRolf), who distributed a wide variety of gifts to the junior members. Senior members were treated to gift cards for a local store.



Pennsylvania Fraternal Alliance 2013 Scholarship Program

The Scholarship Committee of the Pennsylvania Fraternal Alliance is announcing that the 2013 applications are now available for the annual Scholarship Program. Applications can be obtained through eligible members of a Fraternal Benefit Society belonging to the Pennsylvania Fraternal Alliance or by visiting the website of the Pennsylvania Fraternal Alliance at www.pafraternal.org.

Applicants must:

- Be a resident of Pennsylvania and a member of a Fraternal Benefit Society that is a member of the Pennsylvania Fraternal Alliance.
- Be a 2013 high school graduate attending an accredited college, university, trade school, etc. in the summer/fall of 2013 as a full time student (twelve semester credits).
- Obtain a recommendation letter from their Fraternal Benefit Society.

- Submit a 500-word essay on: **"The impact of a Fraternal Organization on your daily life, family and community."**

Return the completed application, essay and letter of recommendation, postmarked no later than September 1, 2013.

At least one \$500 scholarship will be awarded. Additional scholarships may be awarded depending upon available funds.

If you or your society has not received the information on the Pennsylvania Fraternal Alliance Scholarship, please contact Charlotte L. Androckitis, FIC, Pennsylvania Fraternal Alliance Scholarship Chairperson at the Polish Union of the US of NA, PO Box 660, Wilkes-Barre, PA 18703-0660. You can also call 570-823-1611 or e-mail cla@polishunionusa.com.

The 2013 Czechoslovak Genealogical Society International Conference in Chicago

Michael J. Kopanic, Jr., Ph.D.

The Czechoslovak Genealogical Society International (CGSI) will be hosting its 14th Genealogical and Cultural Conference at the Westin Lombard Hotel in Lombard, IL, just outside of Chicago. The conference will last from Wednesday, October 23 through Saturday, October 26, 2013, and registration will begin in early May.

Having just celebrated its 25th anniversary since its founding, the CGSI promotes family research and cultural/historical information about the lands and nationalities of the former Czechoslovakia. These include peoples with the following backgrounds in alphabetical order: Bohemian (Czech), Carpathian German (from Slovakia), German-Bohemian (Bohmisch), Hungarian (Magyar), Jewish, Moravian, Ruthenian (Rusyn), Silesian, and Slovak.

Below is an overview of the many opportunities at the CGSI conference. The topics presented will cover all aspects related to the history and cultures of the peoples of Czechoslovakia, the immigrants, and how-to-do sessions about researching our own families. The sessions are led by leading writers, genealogists, researchers, and historians whose aim is to assist attendees who wish to know more about the region and how to assemble their own family histories.

Wednesday, October 23

The conference commences with the opportunity to take tours of the various neighborhoods where nationalities from the lands of Czechoslovakia lived in the Chicago area. All tours cost \$30-55 per person, and include a deluxe motor coach, guide fee, driver gratuity, lunch and admissions.

Tour #1 and Tour #4 — 8 a.m.-5 p.m. Czech, Slovak and Rusyn Neighborhood Tour, limited to first 53 registrants (tour is repeated on Thursday, October 24), \$55.

Tour #2 — Bohemian National Cemetery Tour, limited to the first 53 registrants, \$55.

Tour #3 — Research at the CSAGSI Genealogy Library, limited to the first 25 registrants, \$30.

Programs for Thursday, October 24

Each day at the CGSI conference is filled with a wide range of choices to attend. For instance, on October 24, the noted genealogist, Lisa A. Alzo, will present a talk on "The 21st Century Family Historian – 2 parts/How to Write." She will teach some "key techniques and tools for documenting your ancestors' lives, or your own life story, effective ways to illustrate where your family fits in with local, national and world history, how to overcome writer's block, and methods for creating a compelling family history narrative in simple, manageable steps. Examples and a list of suggested writing exercises will be provided."

Some of the other Thursday sessions are listed here. The website at the bottom of the article offers more details.

T2 • Language Handbook for Traveling and Genealogy Research in Slovakia, by Michal Razus (Sights, Menu, Transportation)

T3 • Finding Your Chicago Ancestors by Grace DuMelle

T4 • Preserving Cultural Crafts in Our Communities by Daniela Mahoney

T6 • Language Handbook for Traveling and Genealogy Research in Slovakia by Michal Razus (Searching for Records, Strolling Through Cemeteries, Meeting with Relatives)

T7 • The Art of Bobbin Lace by Carol Hilliger

T8 • Documenting Czech Immigrant Arrivals by Leo Baca

T9 • Searching for Your Family History on Ancestry.com by Juliana Smith

T10 • Preserving Cultural Crafts in Our Communities by Daniela Mahoney

T11 • Homes of Our Czech Ancestors in the Old Fatherland by Miroslav Koudelka

T12 • What's New and How Best to Use Ancestry.com by Lou Szucs

An evening session from 7:00-9:00 p.m. will offer an opportunity to discuss the areas of one's family origins: "Regional Networking Sessions and Mixer." Attendees in groups of 4 to 10 people will gather for small group discussions about regions their ancestors came from, and a knowledgeable moderator will assist each table.

Friday, October 25

Friday's Events will commence with the Keynote Address and Opening Session at 8:00 a.m. There will also be a singing of the Czech, Moravian, Slovak, Carpatho-Rusyn national anthems and the American Star Spangled Banner. The Keynote Speaker will be Paul Valasek, who will talk on "Czech, Slovak and Rusyn Chicago, Why are we here?"

Following the speech and some general announcements by the Conference Chair, sessions will follow and they are listed here below.

F1 • Emigration to North America from Czechoslovakia during the Communist Era, by this author, historian Michael Kopanic. In this session, I will discuss how the post-World War II emigration from Czechoslovakia to America differed from great wave of immigration before 1914, and offer some specific examples.

F2 • Family Websites by Susan Chapman

F3 • Genealogy as Reading between the Lines by Jan Dus

F4 • S.S. Eastland – A Conversation by Alberta Adamson and Jane Rio, about the 1915 overturning of the S.S. Eastland passenger ship on the Chicago River where it was moored.

F5 • Using FamilySearch and Other Online Resources to Find Slovak Ancestors by Lisa A. Alzo

F6 • Early German-Bohemian Immigrants by Wade Olsen

F7 • Czech Family Names Sources: A Lesson for Foreign Genealogists by Miroslav Koudelka

F8 • Demystifying and Exploiting Print on Demand to Publish your Family History by Chris Miksanek

F9 • Political Geography of Slovakia by Michal Razus

F10 • Exploring the German-Bohemian Culture: Dudelsack to Knodl by Wade Olsen.

F11 • Find It Yourself – Genealogical Resources Available On-line by Jan Dus

F12 • Genealogy Research at the Newberry Library by Matt Rutherford

F13 • Sources for On-Site Research in Slovak and Czech Family History Research in the Chicago Area by Margo Smith

F14 • Village Life of Our Ancestors by Mark Bigaouette

F15 • Beginning Genealogy by Lisa A. Alzo

F16 • Bohemian National Cemetery in Chicago by Carol Jean Smetana

continued on page 19

ŽENSKÁ JEDNOTA

Chicago District Hosts *continued from page 8*

Mundelein Seminary that same year. Cardinal George appointed Monsignor Lyle in 2006 as Rector of St. Mary of the Lake Seminary, Mundelein for six years and in July, 2012 the Cardinal appointed him Director of the Cardinal Stritch Retreat House which is located on the Seminary grounds and is open for retreats to the priests, religious and lay persons of the Archdiocese of Chicago.

The day ended with the celebration of Mass as the group began to head toward the end of the Lenten Season and onward to the upcoming Palm Sunday and Easter Triduum weekends.

(To see all of the photos from this event, please go to <http://www.fcsla.org/district/chicago/gallery.php>)



Czechoslovak Genealogical Society International *continued from page 18*

Saturday October 26

S1 • Traditional Slovak Folklore and Links to the Contemporary Culture by Michal Razus

S2 • Rusyns as the Third Founding People of Czechoslovakia by John Righetti

S3 • Where Else Did They Go? by Jan Dus - This concerns people who emigrated from the Czech Lands in 1800s, but did not go to the United States. Where did they go and why?

S4 • The Freethinker Movement in the United States by Carol Jean Smetana

S5 • Beginning Slovak Genealogy by Lisa A. Alzo

S6 • Carpatho-Rusyn Settlement in Metro Chicago by John Schweich

S7 • How to Research Czech Birth/Marriage/Death Registers on the Internet: A Practical Lesson by Miroslav Koudelka

S8 • Holidays in the Czech Republic and Slovakia by Daniela Sipkova Mahoney

S9 • Tweets, Links, Pins and Posts: Social Media and Family History by Lisa A. Alzo

S10 • Rusyns and Slovaks, Similarities and Differences by John Righetti

S11 • Czech DNA Project: Background and Update by Leo Baca

S12 • How I grew to appreciate growing up in a Czech-American Household in Chicago by John Pritasil

S13 • Slovak Immigration to the Chicago Area and Illinois Before World War II by Michael Kopanic - This session will cover

reasons for emigration and focus on the settlements of Slovaks in the Greater Chicago area, including Gary and northeast Indiana.

S14 • Carpatho-Rusyn Culture – It's not just blessed baskets and stuffed cabbages by John Righetti

S15 • What a Czech-American Genealogist Should Know About the History of the Czech Lands by Miroslav Koudelka

S16 • Leveraging Genealogy Skills in Ways You Never Thought Possible

Conclusion of the Conference

More Information

The CGSI will later announce options for dining, but some of the city tours include opportunities for enjoying ethnic foods. Having attended several past conferences, I can assure our readers that these are very well-planned and worthwhile events which will enrich our understanding of our ethnic heritage and provide us with the tools to pursue our own family history. Whether a beginner, or someone with a longtime interest in the history of Czechoslovakia and its peoples, one is sure to learn a great deal, find some great contacts, meet new friends, and enjoy an overall very pleasant experience.

Besides the personal joy of finding out more about who we are, there are added benefits that are hard to put a price tag on. For now, and even after we pass away in this life, what better gift can leave our progeny and extended family than a history of where we came from. Genealogy is about discovering ourselves, and the

continued on page 22

Rapunzel

Žili raz muž a žena, ktorí veľmi chceli mať dieťa. Po dlhom čase konečne žena zistila, že bude mať dieťa. Vzadu za domom videli záhradu kde bolo veľa veľmi pekných kvetov. Ale manžel sa tam neodvážili ísť lebo záhrada patrila čarodejnici ktorej sa každý bál. Jedného dňa keď žena stála pri okne a pozerala sa do záhrady videla krásne kvety, ktoré sa volali Rapunzel. Kveti boli také svieže a zelené veru by aj dobre chutili. Deň za dňom žena sedela pri okne a pozerala na Rapunzel kvety celé hodiny. Jeden deň sa necítila dobre.

“Čo je s tebou?” Pýtal sa jej manžel. “Musím zjesť Rapunzel kvetiny lebo keď nie určite zomriem”.

Chudák manžel sa rozhodol, že sa musí dostať do tej záhrady v noci a dostať tie kvety. V noci vyliezol na vysokú stenu ktorá bola okolo záhrady a rýchlo natrhal Rapunzel kvety a ušiel.

Jeho manželka mala radosť, urobila z kvetín šalát a tak jej chutil, že na druhý deň povedala manželovi: “Musíš mi doniesť viac Rapunzel.” Tak v noci zase manžel išiel do záhrady a natrhal kvety nevedel si predstaviť tú hrôzu keď ho čarodejnica pristihla. “Ako si sa opovážil prísť do mojej záhrady a krahnúť kvety Rapunzel.” Ona kričala.

“Budeš to ľutovať.”

“Zmiluj sa nado mnou!” Prosil manžel. “Ja nie som zlodej. Ja chcem pomôcť mojej manželke, ktorá čaká prvé dieťa, povedala mi že zomrie keď nebude jesť Rapunzel.” Čarodejnica sa zrazu zmenila:

“Ale prečo nie?” povedala “zober koľko len chceš, ale musíš mi dať to tvoje dieťa keď sa narodí. Neboj sa, ja sa budem o dieťa dobre starať. Čo nato povieš?”

Muž bol taký zľaknutý že súhlasil so všetkým. Keď sa im narodilo dievčatko čarodejnica hneď ho prišla zobrať. Dala mu meno Rapunzel. Dievča rástlo bolo pekné a zdravé s dlhými, zlatými vlasmi. Keď Rapunzel mala 12 rokov čarodejnica ju zavrela do veže v lese. Veža nemala ani schody ani dvere len jedno okno aby sa k nej nikdo nemohol dostať.

Každý deň keď ju čarodejnica navštívila, stála pod oknom a volala: “Rapunzel spusti vlasy dole aby som sa po nich dostala do veže. Vtedy dievča uviazalo vlasy na hák pri okne a vlasy spadli cez okno až po zem. Čarodejnica sa vyškriabala vlasmi až do veže. Takto Rapunzel žila niekoľko rokov.

Jeden raz sa mladý Princ prechádzal po lese a počul sladký hlas. Bola to Rapunzel ktorá si spievala. Princ išiel za hlasom a prišiel k veži. Ale keď nevidel ako sa dostať do veže, odišiel domov. Rapunzel spev však na neho tak zaučinkoval, že prišiel k veži deň za dňom.

Jeden deň keď stál za stromom, videl čarodejnicu a počul



ako volá: “Rapunzel spusti dolu vlasy, aby som sa mohla dostať do veže.”

Princ potom videl ako sa dlhé zlaté vlasy spustili až po zem a čarodejnica sa dostala do veže. Takto sa môže ktokoľvek dostať hore, myslel si princ. Ja sa tiež dostanem hore týmto zlatým rebríkom. Na druhý deň okolo súmraku princ prišiel k veži a volal.

“Rapunzel spusti vlasy aby som sa mohol dostať do veže. Hneď sa vlasy spustili a princ sa dostal hore. Rapunzel sa ho zľakla ale Princ bol taký priateľský že vedela že mu môže veriť.

“Keď som počul tvoj hlas” povedal Princ “Nemohol som sa dočkať teba uvidieť.” Teraz keď som ťa uvidel chcem, aby si sa za mňa vydala.”

Rapunzel sa tiež do neho zamilovala a pristala byť jeho ženou.

“Chcela by som s tebou odísť” povedala Rapunzel.

“Každýkrát ako prídeš dones hodvábne vlákno a ja uplietím rebrík a tak budem môcť utiecť.

Každý deň čarodejnica prišla a každú noc prišiel princ. Čarodejnica nevedela o ničom ale nanešťastie Rapunzel sa pozabudla a povedala:

“Prečo si ty ťažšia ako princ?”

“Ty zlé dievča” – kričala čarodejnica, ty si ma oklamala”, chytila nožnice a ostrihala vlasy Rapunzel. Potom ju vyhnala z veže a nechala ju na opustenom mieste aby sa o seba starala ako len mohla.

Tú noc prišiel princ k veži a povedal ako obyčajne.

“Rapunzel spusti svoje vlasy aby som sa mohol po nich vyšplhať.” Ale čarodejnica na neho čakala. Priviazala Rapunzel vlasy na hák a spustila ich dolu. Princ sa nimi vyšplhal celý radostný ako vždy. Ale keď preliezol cez okno nebola to krásna Rapunzel ale škaredá čarodejnica.

“Aha” kričala čarodejnica s posmechom. “Tak ty si si myslel že mi môžeš ukradnúť moje dievča. Ona je preč a ty ju už nikdy neuvidíš.

Princ bol veľmi zarmútený a hodil sa z veže a bol by zomrel ale spadol na husté kríky. Zostal na živu ale trné mu prebodli oči a oslepol. Veľa rokov blúdil po lese, smútil za Rapunzel a jedol čo len našiel. Nakoniec sa dostal do divočiny kde Rapunzel žila v biede.

Ako pred mnohými rokmi princ počul sladký hlas Rapunzel. Išiel za hlasom. Rapunzel ho uvidela a hneď ho spoznala. Utekala k nemu a hodila sa mu do náručia ale tiež zaplakala.

Tie slzy radosti a smútku padli do očí princa, uzdravili jeho oči a nadobudol zrak. Princ a Rapunzel odišli do svojho kráľovstva a žili dlho veľmi šťastne.

Rapunzel (English Translation)

There once lived a man and his wife who had long wished for a child. At last their wish was granted and the wife found that she was expecting a baby. At the back of their house was a garden that was filled with the most beautiful flowers and herbs. However, the man and his wife did not dare enter the garden, for it was owned by a wicked witch, of whom everyone was scared.

One day, when the woman was standing by her window looking down into the garden, she saw a flower bed full of the prettiest Rapunzel plants she had ever seen. They looked so fresh and green that she felt a great craving to eat some of them. Day after day she would sit by her window, staring at the Rapunzel plants for hours on end. Eventually she became quite pale and miserable.

"What's wrong, my dear?" said her husband.

"I must have some of that Rapunzel," she replied, "or I may die."

The poor husband decided that the only thing to do was to steal into the witch's garden at night and take some of the plants. Late one night the man climbed the high wall that surrounded the garden and hastily snatched a bunch of Rapunzel plants and made off with them.

His wife was delighted. She made a salad of them that was so delicious that the next day she said to her husband, "I must have more of that delicious Rapunzel."

So that night the husband stole once more into the witch's garden. Imagine his horror when he dropped on to the grass to find the witch there lying in wait for him. "How dare you come into my garden and steal my Rapunzel plants," she shrieked. "You'll live to regret this."

"Please have mercy on me," begged the man. "I'm not really a thief. I came to help my wife, who is expecting our first child. She told me she would die if she didn't have some of your Rapunzel to eat."

Then the witch changed her tune. "By all means," she said, "take as much as you like. But in exchange you must give me the baby when it is born. Don't worry — I will care for it as if I were its mother. What do you say?" The man was so terrified that he hastily agreed to what the witch had said. When his wife gave birth to a baby girl the witch immediately appeared to take the child. The witch named her Rapunzel, after the plants that had caused all the trouble, and took the child away with her.

Rapunzel grew very beautiful, strong and healthy, with long golden hair that fell past her waist. When she was twelve years old the witch locked her away at the top of a tower in the middle of a forest. The tower had neither stairs nor a door, but only one window at the top so that nobody but the witch could reach her. Each day when the witch visited her, she would stand below the girl's window and call out, "Rapunzel, Rapunzel, let down your hair, that I may climb without a stair."

Then the girl would wind her long tresses around the window hook and lower her hair all the way to the ground. The witch would climb up it as if it were a ladder. In this way, Rapunzel's lonely life went on for several years.

One day, a young prince was riding in the forest when he heard a sweet voice. It was Rapunzel singing to herself. The prince was so entranced that he followed the sound and came upon the tower.

But when he could find no way in he became discouraged

and rode home. Rapunzel's lovely voice had stirred his heart so deeply, however, that he returned day after day to hear her singing.

One day, as he stood behind a tree, he saw the witch appear and heard her calling, "Rapunzel, Rapunzel, let down your hair that I may climb without a stair."

Then he saw a mass of golden hair tumble down and watch the witch climb up it to the window. "Is that the way up?" thought the prince. "Then I will climb the golden ladder, too."

The next day, around dusk, the prince went to the tower and called, "Rapunzel, Rapunzel, let down your hair, that I may climb without a stair."

Immediately the tresses fell down and the prince climbed up. At first sight of the prince, Rapunzel was afraid, but the prince addressed her in such a friendly way that she knew she could trust him. "Once I had heard your voice," said the prince, "I couldn't rest until I saw you. Now I cannot rest until you agree to marry me."

Rapunzel by now had fallen truly in love with the young man, so she willingly accepted. "I wish I could come away with you," said Rapunzel. "You must bring some silk with you each time you visit, and I shall weave a ladder of silk and then I will be able to escape."

Each day the witch visited Rapunzel and each night the prince came. The witch suspected nothing until one day Rapunzel forgot herself and said to the witch, "Why are you so much heavier to pull up than the prince?"

"Oh, treacherous girl," screamed the witch. "You have deceived me!" She snatched up a pair of scissors and cut off all Rapunzel's lovely hair. Then the witch drove Rapunzel from the tower and left her in a wild and desolate place to fend for herself as best she could.

That night, along came the prince to the tower and said, as usual, "Rapunzel, Rapunzel, let down your hair, that I may climb without a stair."

But the witch was lying in wait. She tied Rapunzel's hair to the window hook and let the golden tresses fall to the ground. Up climbed the prince full of joy, as always. But when he stepped in through the window, it was not his beautiful Rapunzel that met his gaze but the icy glare of the witch. "Aha!" cried the witch with a sneer. "So you thought you could steal my girl, did you? Well she's gone and you'll never set eyes on her again."

Beside himself with grief, the prince threw himself from the tower and would have died had he not landed in the thickest briars. Although he survived, the thorns pierced his eyes and blinded him. For many years he wandered through the wilderness grieving for his lost Rapunzel and living on whatever he could find to eat. Eventually, he wandered into the same part of the wilderness where Rapunzel lived in miserable poverty with the twins she had borne.

Just as he had done so many years ago, the prince heard a sweet voice coming through the trees. He made his way towards the sound of the voice. Suddenly Rapunzel saw him and straight away she recognized him. She ran to him and threw her arms around him weeping. As she wept tears of joy and sorrow, two teardrops fell into his eyes, healing them and restoring his sight.

Then the two were united again and the prince took Rapunzel back to his own kingdom, and they all lived happily ever after.

Genealogical Society International

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Czechoslovak Genealogical Society International's conference in Chicago is a marvelous way to start and/or continue that quest.

For further information, see the CGSI Genealogical and Cultural Conference website: <http://www.cgsi.org/news/events/2013/10/23/14th-cgsi-genealogical-and-cultural-conference-lombard-illinois>

One may also contact the CGSI in writing at these addresses. Paul Makousky, the conference chair, may be reached at the e-mail below, and he will send more specific info about the event. Please send your complete name, address, telephone number and e-mail address to receive a copy of the 12 page Conference Program and Registration booklet to: Paul Makousky, Conference Chair at: ConferenceChair@cgsi.org. The booklets will be ready to mail about May 1st.

Czechoslovak Genealogical Society International
P.O. Box 16225

St. Paul, Minnesota 55116-0225

Call (651) 964-2322 to record a question or to record a message.

E-mails — General questions: info@cgsi.org
Research: research@cgsi.org
Membership: membership@cgsi.org
Publications: publications@cgsi.org

JOHN'S TOURS TRAVELS TO SLOVAKIA!

John's Tours of Vandergrift, PA has an extensive tour of Slovakia set for September 9-23, 2013 featuring stays in Bratislava, Piestany, Kosice and Krakow.

For a brochure and further information please write to John's Tours, PO Box 154, Vandergrift, PA 15690 or phone 724/567-7341 or 1-800-260-8687.

Youngstown Sister Cities Trip

Youngstown Sister Cities has scheduled its 16th Slovak Heritage Tour to Slovakia for July 9-July 23, 2013.

Contact Jim and Kay Bench: jmbench@yahoo.com or cell phone (724) 858-5843.



REPORT OF THE FCSLA NATIONAL TREASURER

BALANCE SHEET AS OF JANUARY 31, 2013

ASSETS

Cash and Short Term Investments	\$ 14,601,322
Bonds	689,798,506
Preferred Stock	4,012,288
Common Stock	986,183
Investment Income Due and Accrued	10,966,795
Property Plant and Equipment, Net	6,295,125
Certificate Loans & Accrued Interest	2,170,361
Other Assets	192,443

TOTAL ASSETS \$ 729,023,023

LIABILITIES

Life Reserves	\$ 247,629,905
Annuity Reserves	380,783,584
Death Claims Payable	971,455
Unearned Premiums	593,060
Matured Endowments	337,588
Provision for Dividends Payable	1,263,456
Accumulated Dividends and Interest	3,960,115
Accrued Convention Donations	261,000
Provision for Future Conventions	201,000
Asset Valuation Reserve	7,169,826
Interest Maintenance Reserve	1,218,447
Other Liabilities	1,978,181

TOTAL LIABILITIES \$ 646,367,616

Surplus \$ 82,655,406

TOTAL LIABILITIES AND SURPLUS \$ 729,023,023

INCOME STATEMENT

For the One Month Ending January 31, 2013

REVENUE

Insurance Premiums	\$ 687,444
Annuity Premiums	3,225,130
Investment Income	3,157,537
Amortization of Interest Maintenance Reserve	7,467
Rental Income	27,186
Other Revenue	1,231

TOTAL REVENUE \$ 7,105,995

EXPENSE

Increase in Reserves — Life	\$ 801,905
Increase in Reserves — Annuity	2,063,120
Insurance Benefits	604,768
Annuity Benefits	2,532,869
Commission Expense	134,985
Surrender Benefits	155,892
Post Mortem Benefits	120,352
Miscellaneous Member Benefits	920
Matured Endowments	(4,829)
Donation Expenses	17,190
Convention Expenses	19,000
Bank Service Charges	919
Data Processing Service Fees	8,225
Consulting Fees	3,230
Bonus to Branches	75,000
Fraternal Activities	1,049
Official Publications	25,250
Miscellaneous Employee Benefits	10,357
Fees — Directors	10,725
Salaries — Employees	119,040
Salaries — Officers	37,209
Interest Expense	16,821
Tax Expense	26,374
Depreciation Expense	24,503
Utility Expense	3,228
Postage and Printing	11,800
Advertising	425
Travel Expense	200
Insurance Department Fees	11,648
Sales Promotion	37
Rental Expense	27,186
Other Expense	26,582

TOTAL EXPENSE \$ 6,885,979

Income (Loss) from Operations

Capital Gains (Loss) \$ 220,017

Subtotal INCOME (LOSS) \$ 551,281

Dividends to Members 103,412

NET INCOME (Loss) \$ 447,868



Summer Get-Together

OLD FASHIONED PANCAKES

- 1½ cups all-purpose flour
- ¾ teaspoon baking powder
- 1 teaspoon salt
- 1 tablespoon white sugar
- 1¼ cups milk
- 1 egg
- 3 tablespoons butter, melted

In a large bowl, sift together the flour, baking powder, salt and sugar. Make a well in the center and pour in the milk, egg and melted butter; mix until smooth.

Heat a lightly oiled griddle or frying pan over medium high heat. Pour or scoop the batter onto the griddle, using approximately ¼ cup for each pancake. Brown on both sides and serve hot.

STRAWBERRY BALSAMIC SPINACH SALAD

- 3 tablespoons olive oil
- 1 tablespoon balsamic vinegar
- ¼ teaspoon sea salt, plus a pinch or two more
- 1 cup fresh strawberries, sliced
- 5 cups baby spinach leaves, washed and dried
- 3 tablespoons shallot, minced
- ½ cup feta cheese, crumbled
- fresh-ground black pepper to taste

In a small bowl or jar, whisk the balsamic and ¼ teaspoon sea salt into the olive oil, whisking until mixture is emulsified.

Place the spinach leaves into a medium-sized bowl. Drizzle half the dressing over the leaves, and turn to coat with your fingers. Gently toss in the strawberries, shallot and feta. Drizzle on a bit more dressing. Taste the salad and add more dressing or salt as needed. Finish with several twists of fresh-ground black pepper and serve.

BUFFALO CHICKEN SALAD

- 2 (8-ounce) boneless, skinless chicken breast halves
- 2 tablespoons cayenne pepper hot sauce, plus more to taste
- 2 teaspoons olive oil
- 2 hearts Romaine, cut into 1-inch strips (about 8 cups)
- 4 celery stalks, thinly sliced
- 2 carrots, coarsely grated
- 2 scallions, green part only, sliced
- ½ cup Blue Cheese Dressing (below)

Preheat the broiler. Put the chicken between 2 sheets of waxed paper and pound with a mallet or hammer so the chicken is an even thickness of about ¾-inch, then cut the chicken crosswise into ½-inch strips. In a large bowl, combine the hot sauce and the oil, add chicken and toss until the chicken is well coated. Arrange the chicken on a baking sheet and broil until it is cooked through, about 4 to 6 minutes, turning once.

In a large bowl combine the Romaine, celery, shredded carrots and scallions. Toss with the dressing. Divide the greens between 4 plates, top with the chicken. Serve with extra hot sauce.

BLUE CHEESE DRESSING

- 2 tablespoons mayonnaise
- ¼ cup lowfat buttermilk
- ¼ cup plain fat-free yogurt
- 1 tablespoon white vinegar
- ½ teaspoon sugar
- ⅓ cup crumbled blue cheese
- Salt and freshly ground pepper

Fold two full sheets of paper towels into quarters and put it into a small bowl. Spoon the yogurt onto the paper towel and place in the refrigerator for 20 minutes to drain and thicken. In a medium bowl, whisk the buttermilk and thickened yogurt into the mayonnaise until smooth. Add the vinegar and sugar and continue to whisk until all the ingredients are well combined. Stir in the blue cheese and season to taste with salt and pepper. Yield: ¾ cup

VEGGIE BURGERS WITH MUSHROOMS

- 1 15-ounce can kidney beans, drained and rinsed
- 1 small red onion, shredded and squeezed dry (about ½ cup)
- ⅓ cup chopped walnuts
- 1 small carrot, finely diced
- 1 cup plain or whole-wheat breadcrumbs
- 2 scallions, white and green parts, finely chopped
- 2 tablespoons chopped fresh parsley
- 2 teaspoons Worcestershire or soy sauce

- Kosher salt and freshly ground pepper
- 3 tablespoons extra-virgin olive oil
- 3 cups assorted mushrooms, sliced
- 4 English muffins, split and toasted
- Mayonnaise and/or mustard, for garnish
- Baby spinach or arugula, for garnish

Smash the beans in a bowl with a potato masher or fork until slightly chunky. Add the onion, walnuts, carrot, ½ cup breadcrumbs, scallions, parsley and 1 teaspoon Worcestershire sauce. Season with salt and pepper and mix with your hands until combined.

Spread the remaining ½ cup breadcrumbs on a plate. Form the bean mixture into 4 patties; lightly coat with the breadcrumbs, shaking off any excess. Heat 2 tablespoons olive oil in a large nonstick skillet over medium-high heat. Add the patties and cook until golden and slightly crisp, 2 to 3 minutes per side. Transfer the burgers to a plate.

Heat the remaining 1 tablespoon oil in the same skillet over medium heat. Add the mushrooms and the remaining 1 teaspoon Worcestershire sauce; season with salt and pepper and cook until the mushrooms are slightly wilted, 3 to 4 minutes. Serve the burgers on the English muffins with mayonnaise and/or mustard, baby greens and mushrooms.

FLUFFERNUTTER PRETZEL CHOCOLATE CHIP BARS

- ½ cup sugar
- ½ cup packed brown sugar
- ½ cup butter, room temperature
- ½ cup peanut butter
- 1 egg
- ½ teaspoon vanilla extract
- 1¼ cup flour
- ¾ teaspoon baking soda
- ½ teaspoon baking powder
- ¼ teaspoon salt
- 1 cup of chocolate chips
- ½ cup of pretzels (crumbled)
- ½ cup marshmallow fluff

Preheat oven to 350 degrees. In the bowl of your electric mixer cream sugars and butter together until light and fluffy. Add in peanut butter and mix until smooth. Add egg and vanilla, mix just until blended.

Sift together flour, baking soda, baking powder and salt. Slowly mix into cookie dough just until everything comes together. Fold in chocolate chips and pretzels.

Press dough into a greased 9 x 9 baking dish. Spread marshmallow fluff on the top of the cookie bars. Bake for 30 minutes or until the edges are starting to brown. Remove from the oven and allow to cool completely before cutting.

PERIODICAL

6/13

The FCSLA Mission Statement

Established in 1892, the FCSLA provides financial security to its members nationwide through its premier life insurance and annuity products. Sales of these products allow FCSLA to serve both its members and the community with fraternal and charitable opportunities that promote Catholic and Slavic traditions.

The FCSLA Vision is to:

- *Promote the temporal and spiritual welfare of the members through fraternal and charitable activities in our communities*
- *Promote our Slovak Catholic values and traditions and all Slavic cultures*
- *Be a premier Fraternal Benefit Society that offers quality financial products and benefits*