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FIRST CATHOLIC SLOVAK LADIES ASSOCIATION

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Congratulations
FCSLA 2025 Scholarship Recipients!

ŽENSKÁ JEDNOTA



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# FIND SOMETHING BEAUTIFUL ....

had a very special professor in college many years ago whose husband unexpectedly died of a heart attack. About a week after his death, she shared some of her insight with a classroom of students.

As the late afternoon sunlight came streaming in through the classroom windows and the class was nearly over, she moved a few things aside on the edge of her desk and sat down there. With a gentle look of reflection on her face, she paused and said, "Before class is over, I would like to share with all of you a thought that is unrelated to class, but which I feel is very important.

"Each of us is put here on earth to learn, share, love, appreciate and give of ourselves. None of us knows when our fantastic life experience will end. It can be taken away at any moment. Perhaps this is God's way of telling us that we must make the most out of every single day."

Her eyes were beginning to water as she went on to say, "I would like you all to make me a promise. From now on, on your way to class or on your way home, find something beautiful to notice. It doesn't have to be something you see, it could be a scent-perhaps of freshly cut grass, or it could be the sound of the breeze slightly rustling the leaves in the trees, or the beauty of gently falling snow, or the way the morning light catches one autumn leaf as it falls gently to the ground.

"Please, look for these little things, and cherish them. For, although it may sound trite to some, these things are the "stuff" of life. The little things we are put here on earth to enjoy. The things we often take for granted. We must make it important to notice them, for at any time... it can all be taken away."

The class was completely quiet. We all picked up our books and filed out of the room silently. That afternoon, I noticed more things on my way home from class than I had that whole semester and those comments left an impression on me. Every once in a while, I think of that professor and remember what an impression she made on all of us, and I try to appreciate all of those things little that sometimes we all overlook.

Dear Friends, this month, stop and take notice of all special little things you see around you. Go barefoot. Or walk on the beach at sunset. Stop off on your way home to get a double-dip ice cream cone. For as we get older, it is not the things we did that we often regret, but rather, the things we didn't do.

Until Next Month, Warmly, Carolyn

www.fcsla.com

# Celebrating the Creed: Reflecting on 1700 Years of Faith

Reverend Monsignor Peter M. Polando, D. Min., J.C.L., National Chaplain

Throughout the years, I have always been interested in the histories of the Catholic Church and the United States. My college majors were within these histories and there have been many times in my travels that I have taken on the opportunities to read more about nations, rulers, religions, and peoples' ways in order to maintain my hunger for who, what, when, where, and why of the cultures. My major hunger, however, has always been the histories of the Catholic Church. I am sure that it surprises you!?!

One of the major historical events of the Catholic Church during my lifetime was the Second Vatican Council that opened in 1962 and ended in 1965 (I was in second to fifth grades). Councils are called by the Holy Father to gather bishops from around the world to update and refresh rules and regulations in relationship to Church doctrine. Saint Pope John XXIII convoked the Council and Saint Pope Paul VI closed the Council. The foundations, definitions, and other works of that Council continue to guide us today and will do so in the future. This brings me to an anniversary that we are celebrating this year in the Catholic Church.

I thought you may like to some learn some information of the first Council of the Church - the Council of Nicaea - which took place on May 20-July 25, 325, A.D. Historically, this is a very important Council not only because it is the first Council of the Church (East and West) but also because of its major document that we profess at every Sunday, Holy Day, and Solemnity Mass that we celebrate, the Nicaean-Constantinoplean Creed. The First Council of Constantinople in 381 reviewed the Creed, after which became the Creed, we pray up to the modern day. I thought that in this and the next several issues of Fraternally Yours, we could celebrate the seventeenth hundredth anniversary of the Creed by looking at its words and how we pray them, and their meaning for us in our everyday life.

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

Hey, what is with this? The Father in charge only gets four lines, nineteen words! Ah, the Father in charge is *really* in charge! Wow, what a Father He is who watches over us and guides us. On 10 July this past month, I ran into the gardener who takes care of the outdoor settings of our Cathedral,

diocesan offices and rectory. I always joke around with him and we got into a conversation about life, how we are getting older and not younger, and how God created us, and now we come to the final years. The horticulturist assists us of having wonderful plants during the growing seasons. A priest attempts to keep God's presence among the People of God by his proclamation of the Good News. How great the Father has been in the creation of the universe, the planets, the earth and all its creatures, the history of humanity, free will, the Faith, Hope in His Son, and the Inspiration of the Holy Spirit, the love of husband and wife, single people, to say the least. The Father is always with us!

In the first book of the Pentateuch, the Book of Genesis, chapter one, we read of the days of creation by Yahweh (God), *maker and heaven and earth*. To refresh our knowledge of those seven days, they are:

1. Let there be light, and there was light...God called the light "day" and the darkness he called "night"; 2. Let there be a dome in the middle of the waters to separate one body of water from the other...God called the dome "sky"; 3. Let the water under the sky be gathered into a single basin, so that the dry land shall appear...God called the dry land "earth," and the basin of water he called "sea"; 4. Let there be lights in the dome of the sky, to separate day from night... God made the two great lights, the greater one to govern the day, and the lesser to govern the night and the stars; 5. Let the water teem with an abundance of living creatures, and on the earth let birds fly beneath the dome of the sky; 6. Let the earth bring forth every kind of living creature: tame animals, crawling things, and every kind of wild animal...God created mankind in his image; in the image of God he created them; male and female he created them; and, 7. On the seventh day God completed the work he had been doing; he rested on the seventh day from all the work he had undertaken. God blessed the seventh day and made it holy because on it he rested from all the work he had done in creation. Book of Genesis, ch. 1

The First Person of the Blessed Trinity is truly OUR FATHER, OUR CREATOR. I ask you to look at those first four lines of the *Creed*. Our Father is the *maker of heaven and earth*, a continuing process that only the Father knows - we do not know *exactly* when it all began and when it *exactly* will come

continued on page 5

# Message from our Chief Executive Officer MICHAEL J. AGAN

# **People are Our Number One Asset**



People are our number one asset and culture trumps strategy every day of the week as culture will determine whether strategy and strategic initiatives succeed or fail. FCSLA Life is committed to developing a culture of success and excellence by providing an exceptional workplace environment for both current and prospective employees. Recognizing that individuals often spend as much time with colleagues as with their own families, we aim to ensure that FCSLA Life and its facilities are supportive and attractive to all associates. Our goal is to foster a positive experience and work environment that everyone values. As circumstances evolve, our team is dedicated to adapting accordingly. This significant responsibility is managed by our Head of Human Resources, Karen McHugh, Office Manager Jean Buday, and Receptionist Jamie Iorillo, who collectively shape the associate experience and create a welcoming first impression for all who enter our facility.

The following is an update of the important things going on within the HR department. HR policies are currently being reviewed and updated to align with organizational objectives and the needs of the workforce for 2025. These updates aim to ensure policies remain current and effective.



Safety is a top priority. Enhanced safety and security efforts are in progress to create a more secure entry at the workplace. This change will improve employee safety and reduce waiting times in unsecured areas. We will be installing a key fob system for employee entrances as well as cameras and security lighting covering the exterior spaces of our building.

We are changing how we process employee and board expenses. Expense reports have transitioned to all electronic. This replaces paper forms, and manual processing, including paper checks from Accounts Payable. The digital system will streamline workflows and reduce paper usage.

As part of our ongoing efforts to strengthen employee engagement, we kicked off the summer with a cookout at the Home Office on July 3rd, featuring food prepared by management and activities such as corn hole and bocce ball. There were plenty of laughs and singing along to festive tunes.

To support ongoing training and development for employees, we will be offering educational sessions each quarter for all associates. Topics we will tackle include financials, fraternal, sales and bylaws/governance.

At FCSLA Life, we believe that a thriving workplace is built on continuous improvement, thoughtful leadership, and a shared commitment to excellence. The recent initiatives led by our HR team reflect our dedication to creating a secure, efficient, and engaging environment for all associates. As we move forward, we remain focused on fostering a culture where every individual feels valued, supported, and empowered to be successful. Together, we are shaping a workplace that not only meets today's needs but also anticipates tomorrow's opportunities.



### CELEBRATING THE CREED: REFLECTING ON 1700 YEARS OF FAITH ... continued from page 3

to the end. Likewise, humanity does not completely know all *things that are visible or invisible*. However, I believe that the world comes to an end when I breathed my last. Our Father, my Creator, allows me to enter His eternal world, sinner that I am, if I truly believed in those nineteen words. Jesus stated on the Cross, "Forgive them, Father, for they know not what they do". May my last words be, "Forgive me, Father, for I am a sinner in words, actions and thoughts, *visible and invisible*!

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.



FCSLA Life is proud to present the 27th printing of the original

## Slovak-American Cook Book

featuring hundreds of well-loved, time-tested recipes to keep tradition alive in your kitchen!

Please call (800) 464-4642 x1080 with any questions.

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Enclose check or money order and mail this order form to:
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24950 Chagrin Blvd., Beachwood, OH 44122

Please call (800) 464-4642 x1080 with any questions.

## Slovak Catholic Federation

Pilgrimage to the Basilica of the National Shrine of the Immaculate Conception, Washington, DC

Saturday, September 13, 2025

<u>Hazelton</u> pick-up @ St John Bosco Church, Sugarloaf 4:45 – 5:00

Park-n-Ride Rt 309 Wilkes-Barre pick-up 5:30 - 5:45

Departing Washington, DC 4:00

Dinner at Mountain Gate Buffet, Thurmont, MD 5:40 – 6:45

Drop off – Wilkes Barre 9:45 – Hazelton 10:20

LPSCU members \$60.00 Non members \$85.00

For reservations – call or text Margaret Jollimore (570) 760-9790

<u>Payment due by August 22<sup>nd</sup></u> Instructions given at booking

Checks made payable to: LPSCU

Arrival in Washington, DC 9:30

Welcome by Basilisa Director of Pilgrimages 11:30

Overall tour of the Basilica – Upper Church 11:45 – 12:00

Lunch – Confessions Memorial Hall 12:00 – 1:15

Mass- Upper Church 1:30

Procession to the Chapel of Our Mother of Sorrows 2:30

Departure 4:00

# AUGUST

# Founder's Month



In Honor of the nine courageous and progressive Slovak immigrant women who founded First Catholic Slovak Ladies Association in 1892, any FCSLA Life agent or recommender\* who sells at least three (3) of our whole life insurance products during the month of August will receive \$100 and special Founder's Month recognition, presented by CEO Michael Agan. The application needs to be dated during the month of August 2025 and cannot be a replacement.



\*Recommenders, including limited license recommenders, must abide by state licensure laws including limits on total sales.

# BRANCH 137 ENJOYS ANNUAL FAMILY BIKE RIDE ALONG CEDAR RIVER

FCSLA Life Branch 137 held its annual family bike on Saturday, June 21st along the Cedar River bike trail. 25 people participated in the ride and lunch which followed. Riders had the choice of riding up to 20 miles.



Bike riders ready to hit the trail.



Everyone enjoying the grilled hotdogs and brats, chips, cookies and drinks after the ride.

# YOUNG ADULT LEADERSHIP COUNCIL MEETING

On June 20-21, some members of our Young Adult Leadership Council came to the Home Office for an inperson meeting to celebrate the end of their term on the council. A fun dinner was had at a local restaurant on Friday, a catered lunch was shared on Saturday, and there was also a tour of the Home Office. Discussions were held on what the fraternal of the future might look like and the recruiting and retention of young members. FCSLA would like to thank all the young adults for their hard work and dedication in furthering our mission and vision these past two years. Pictured from left to right: Katherine Bowes (National Fraternal and Youth Director); Liz Ortiz (District 6. Indiana/Illinois); Cassandra Muffler (District 9, Wisconsin); and Ian McNeely (at large). Other members not pictured are John Moynihan (District 1, Cleveland); Aimee Perri (District 3, Pittsburgh); Marie Schmehl (District 4, Eastern PA); Laura Drake Rotella (District 5, Olyphant/Scranton PA); Terese Gibas (District 7, Chicago); and Monica Berkemeier DelMedico (at large).



# **Branch W001 Members Tee Off at St. Wenceslaus Golf Tournament**

Members of Branch W001 in New Prague, MN enjoyed golfing at the St. Wenceslaus Golf Tournament on June 6, 2025. Paul Maruska, Andrew Maruska, Nick Simon and Andy Simon are shown by the hole sponsored by FCSLA Life.



# 50th Wedding Anniversary

Stephan and Andrea (Golarz) Ziemba were married on June 14, 1975, in Hammond, Indiana. They recently celebrated with their son, Paul, and his family at a Mass of Thanksgiving at Holy Cross Parrish in Colony, Texas. Andrea has been a member of Branch Z128 since birth. Steve and Andrea currently live in Frisco, Texas.





# SAINT IGNATIUS HIGH SCHOOL RUGBY WINS (D1) HIGH SCHOOL NATIONAL RUGBY CHAMPIONSHIP

Rocco Capuano, S176, is a member of the Saint Ignatius High School Rugby team that won the High School National Rugby Championship (D1). The tournament took place in Elkhart, IN during the weekend of May 22-24. Teams from all over the United States were invited to play. Saint Ignatius defeated Herriman High School from Utah 20-17 in a fabulous and tough battle. Rocco is a flanker on the Ignatius Varsity team. He has also won multiple awards for his rugby skills and dedication to the sport. He will be attending West Virginia University and will be continuing his rugby career on the WVU rugby team. Rocco, along with other members of his family, is a proud member of FCSLA Life Branch S176.

Pictured are Sue Moynihan, member of the FCSLA National Court of Appeals, Rocco Capuano, and John Moynihan, member of the Youth Committee.

















# Branch 81 and Rosary Society Combine Efforts

FCSLA Branch 81 in Whiting, Indiana teamed up with The St John Rosary Society for a Spring Bake Sale on May 18th, 2025. Parishioners came to the school cafeteria after masses to purchase the famous "Munster Donuts" with coffee or tea. There was a table of religious giveaways, and a small token from the home office to express our thanks to all who patronized the sale. Everyone had a chance to buy raffle tickets for cash prizes, basket and gift raffles. The main attraction was the many tables filled with baked treasures. There was a variety of baked goods, including nut rolls, homemade breads, cakes, roshky, kolachky. Customers took advantage of the superb variety



displayed. Everyone left with a smile on their faces. Some having won raffles, others just happy to have baked goods to share with family and friends. Our branch used this as one of our matching funds projects. What a great way to raise money for our parish. Thank you to the Home Office for allowing us to give our parish an extra \$600!

## DISTRICT PRESIDENTS MEETING

On April 30 and May 1st, the District Presidents or their representative participated in the 24th Annual District Presidents' Dinner and Meeting at The Hyatt in Lyndhurst, Ohio. On the evening of April 30th, a Social Hour was held followed by a delicious dinner where everybody reconnected with old friends and welcomed new. The following day, everyone gathered to discuss topics that were important to FCSLA districts. The new



CEO, Mike Agan, introduced himself and spoke on his business philosophy, then he answered questions posed by the attendees. Monsignor Polando celebrated Mass and led the May Crowning. A presentation was given by our Promotions and Marketing team, Jaidin Knipp and Stephanie Koval. After lunch, a roundtable session was held with topics such as the Young Adults Leadership Council, branch benefits, and how to move FCSLA forward. A big thank all who joined us and gave their thoughts on how FCSLA can move into the future.

I am pleased to present the 2025 FCSLA Life scholarship award recipients. These young members from across the country have impressed us with their scholastic achievements, aspirations, and acts of volunteerism. Award recipients were selected based on their academic standing, church and community service, school involvement and their essay. We are proud of you, and we wish you all the best in your future academic endeavors

- Paula Dalpiaz, Insurance Manager

# SEMINARIAN -DIACONATE -RELIGIOUS AWARD

\$1,750 Each



Brandon M. Yurcisin Branch S156 Ambler, PA Saint Charles Borromeo Seminary



Wyatt S. Malina Branch W013 Wahoo, NE Missouri Welding Institute



Dalton William Pokorney Branch W013 Shelby, NE Northeast Community College



Sarah J. Sousek Branch W017 Ceresco, NE Southeast Community College



Elizabeth A. Buksa Branch S620 Munster, IN Purdue University Northwest



Mary P. Buksa Branch S620 Munster, IN Purdue University Northwest



Rachael M. Funtal Branch S088

Finleyville, PA Millersville University

Jordan M. Fairman Branch S262 Leechburg, PA Seton Hill University

# VOCATIONAL TECHNICAL TRADE AWARDS

\$1,250 Each

Daniel G. Balas Branch S172 Sugar Notch, PA Luzerne County Community College



Jeffrey A. Bruining Branch S421 Lockport, IL



Isabelle M. Fulton Branch W018 Nebraska City, NE Southeast Community College

# COLLEGE GRADUATE AWARDS

\$1,750 Each



Daniel J. Bajek Branch S287 Sugar Grove, IL American College Of Education



Robert J. Bohinski Jr Branch U406 Graham, NC Univ Of North Carolina Greensboro



Joshua E. Gasper Branch S627 Gretna, NE Clarkson College



Terese Gibas Branch S421 Lisle, IL University Of Virginia



Amber J. Kavan Branch W013 Wahoo, NE University Of Nebraska Omaha



Janet L. Hall Kuchinski Branch S013 Eastaboga, AL Jacksonville State University



Kaitlyn M. Zamary Branch S161 Aurora, OH Ohio State University



Andrew J. Soos Branch S141 Seven Hills, OH John Carroll University



Emma K. Levon Branch S433 Chesterfield, VA Shenandoah University



COLLEGE JUNIOR AWARDS \$1,250 Each

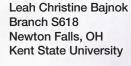


Sara E. Opat

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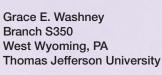
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Madison J. Onderwater Branch S180 Orland Park, IL Lewis University



Rebekah Jane Schroeder Branch W133 Paradise, KS Benedictine College





Bridget E. Rupprecht Branch W080 Clarkson, NE Wayne State College

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Justin H. Wininger Branch S289 Greenwood, IN Pennsylvania State University

Branch S108

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John Richard Ames

Penn State University

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Kristine Becker Branch W014

Hartington, NE

Vermillion

Univ Of South Dakota

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Andrew Stephen Daiute

Pennsylvania College Of



Ava Therese Duelge Branch S023 Muskego, WI Marguette University



Aidan James Ettleman Branch S627 Omaha, NE University Of South Dakota



Natalie R. Figura Branch S590 Wexford, PA Ohio State University



Jenna M. Freeberg Branch W045 Cedar Rapids, IA Kirkwood Community College



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Natalie P. Goldsworthy Branch S013 Harrison City, PA University Of Pittsburgh



George L. Gonet Branch S010 North Royalton, OH University Of Cincinnati



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Lvla Michele Josefoski Branch S313 Venetia, PA Florida Atlantic University



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Candice C. McNeill Branch S230 Mc Lean, VA **Bowling Green State** University



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Connor J. Chapple Branch S172 Wilkes Barre, PA **Boston College** 



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Chanel Marie Brown Branch S074

Univ Of Tennessee

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John Paul S. Pierce Branch S615 Easton, PA Pennsylvania State University





Knoxville, TN

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Anna T. Sedlock Branch S423 Charles Town, WV Univ Of Montana



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Rocco J Capuano Branch S176 Cleveland, OH West Virginia University



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Violet J. Lowry Branch S081 Mascoutah, IL Georgetown University



John M. Maccarella Branch S084 Mullica Hill, NJ Cornell University



Tyler Joseph Medica Branch S084 Manahawkin, NJ University Of North Carolina



Andrew J. Meduna Branch W013 Colon, NE Wayne State College



Ella Marie Melchior Branch W121 Bismarck, ND University Of Mary



Morgan Neu Branch W051 Papillion, NE University Of Nebraska Omaha



Anna E. Soos Branch S141 Seven Hills, OH Walsh University



Sarah K. Melvin Branch S053 Streator, IL Parkland College



Ava Marie Pavlinsky Branch S522 Strongsville, OH Univerity Of Findlay



Marie R. Spishock Branch S522 Cleveland, OH Ohio Northern University



Justin M. Metz Branch S218 Pittsburgh, PA Gettysburg College



Baylee J. Post Branch S088 Monessen, PA Robert Morris University



Robert C. Sweeney Branch SZJ0 East Syracuse, NY University Of Vermont



Hanna J. Milaniak Branch S233 Prospect Heights, IL Univ Of Illinois Urbana Champaign



Anna M. Rice Branch W018 Omaha, NE University Of Nebraska Lincoln



Isabella C. Thornton Branch S156 Canfield, OH Ohio State University



Ellen M. Miriovsky Branch W001 Buffalo, MN College Of St Scholastica



Elizabeth Marie Roh Branch W184 Abie, NE Univ Of Nebraska Kearney



Timothy Paul Tilton Branch S475 Mentor On The Lake, OH Lakeland Community College



Kathryn G. Miriovsky Branch W001 Buffalo, MN Concordia University



David A. Rubal Branch S522 Columbus, OH Ohio State University



Michael Joseph Toth Branch S484 Schnecksville, PA West Chester University



Bradley T. Monkemeyer Branch S421 Elburn, IL Clemson University



Kirsten A. Shaw Branch W013 Lincoln, NE Univ Of Nebraska Lincoln



Grace M. Treese Branch S053 Forest Park, IL Univ Of Illinois Urbana Champaign



Sophia Marie Mostrog Branch S409 Zionsville, IN Indiana University Bloomington



Joshua Michael Snyder Branch S011 Mars, PA Duquesne University



Jacob David Trnka Branch W056 New Prague, MN Minnesota State Mankato



Cale M. Tupy Branch W056 Austin, MN University Of Iowa State



Rose E. Treese Branch J083 Forest Park, IL Trinity High School



Giada Gaidula Branch U320 Clarks Summit, PA Holy Cross High School



Alec Brian Utrup Branch S313 Twinsburg, OH Univ Of Cincinnati





Mary Catherine Pierce Branch S615 Easton, PA Norte Dame High School





Kally M. Becker Branch W014 Hartington, NE Cedar Catholic Jr Sr High School



Colin N. Zuroske Branch W018 Omaha, NE VJ and Angela Skutt Catholic High School



Jacob C. Weil Branch S630 Williamsville, NY **Daemen University** 



Maura T. Fitzpatrick Branch W055 Lincoln, NE Pius X High School

# **HIGH SCHOOL JUNIOR AWARDS** \$1,000 Each



Joshua N. Zdrojewski Branch S088 Belle Vernon, PA Penn West University



HIGH SCHOOL **SENIOR AWARDS** 

\$1,000 Each



Kathryn L. Brinkley Branch SZJ0 North Richland Hills, TX Forth Worth Christian School



Branch W051 Garner, IA Iowa State University

Nicholas P. Zrostlik



Jordan M. Ceklosky Branch S172 Wapwallopen, PA Wilkes University



Eastyn M. Cizek Branch W199 Shakopee, MN Holy Family Catholic High School



\$1,250 Each

**JOHN & GERALDINE** 

**GAYDOS AWARDS** 

Paul A. Schroeder Branch W133 Paradise, KS St Thomas More Prep Marian



Breckon Feilmeier Branch W014 Norfolk, NE Norfolk Catholic High School



Grant S. Szczepanski Branch J198 Sheffield Village, OH Elyria Catholic High School

# HIGH SCHOOL SOPHOMORE AWARDS

\$1,000 Each

# HIGH SCHOOL FRESHMAN AWARDS

\$1,000 Each



Lucas C. Wojtysiak Branch J342 Fallston, MD The John Carroll School

Dawson M. Dresden Branch W014 Hartington, NE Cedar Catholic High School



Vincent W. Horensky Branch J157 Rostraver, PA Greensburg Central Cath Jr Sr High Schl



Jackson E. Jones Branch JHO0 Hixson, TN Queen Of Heaven Academy



Caleb J. Jordan Branch W191 Lincoln, NE Pius X High School

Bryson C. Merrell Branch J257 Fort Wayne, IN Bishop Dwenger High School



Bristol R. Sousek Branch W013 Prague, NE Bishop Neumann High School



Avery G. Vanslyke Branch W013 Wahoo, NE Bishop Neumann High School



Annamae Lin Baker Branch J184 Merrillville, IN Andrean High School



Trigg D. Feilmeier Branch W014 Norfolk, NE Norfolk Catholic High School



Nina M. Fulton Branch W018 Nebraska City, NE Lourdes Central Catholic



Brecken Thomas Jelinek Branch W026 Columbus, NE Scotus Central Cath High School



Melanie A. Klapp Branch J143 Westerville, OH St Francis De Sales High School



Noah K. Van Ackeren Branch JHOH Anaheim, CA Mater Dei High School



Matthew J. Vanwhy Branch J526 Hanover Township, PA Holy Redeemer High School





Kieran J. Kujawa Branch J348 Chicago, IL St John The Baptist School

**7<sup>TH</sup> GRADE AWARDS** \$750 Each



Benjamin F. Cook Branch J115 Morgantown, WV St Francis De Sales Central High School



Camden M. Jelinek Branch W026 Columbus, NE Scotus Central Catholic School



George J. Jordan Branch W191 Lincoln, NE St Patrick Lincoln School



Grace J. Szczepanski Branch J198 Sheffield Village, OH St Mary Of The Immaculate Conception School

# 6<sup>™</sup> GRADE AWARDS

\$750 Each



Natalie A. Bowen Branch J057 Louisville, KY St Gabriel The Archangel School



Natalie E. Esterle Branch J130 Muskego, WI Holy Apostles Catholic School



Elizabeth M. Horensky Branch J157 Rostraver, PA Aquinas Academy

Nicole F. Kavan Branch W017 Lincoln, NE Cathedral Of The Risen Christ School



Elle E. Rushe Branch J075 Camden Wyoming, DE Holy Cross School

# **5<sup>TH</sup> GRADE AWARDS** \$750 Each



Camille A. Cooke Branch J198 Sheffield Village, OH St Mary School



Daniel J. Coufal Branch W184 David City, NE Aquinas Catholic Elementary



Declan S. Fitzpatrick Branch W055 Lincoln, NE St Teresa Elementary School



Alexis H. Goldman Branch J362 Jacksonville, FL Parkwood Prep School



Richard W. Kaiser Branch J322 Westmont, IL Holy Trinity Catholic School



Natalia A. Leftdwrige Branch W077 Richardson, TX St Joseph Catholic School



Ethan J. Masek Branch W187 Valparaiso, NE St John Nepomucene School



Jacob E. Wright Branch W130 Clive, IA Sacred Heart Elementary School



**4<sup>TH</sup> GRADE AWARDS** \$750 Each



James Kaiser Branch J322 Westmont, IL Holy Trinity Catholic School



Laura M. Kanczes Branch J038 Pittsburgh, PA St Therese Of Lisieux School



Levi R. Kresge Branch J318 Summit Hill, PA St Jerome Regional School



Ethan J. Leigh Branch J138 Cary, NC St Michaels Catholic School



Warren M. Stoltzfus Branch J138 Lancaster, PA Lancaster County Christian School

# **3<sup>RD</sup> GRADE AWARDS** \$750 Each



Ignatius Beckman Branch J174 Niles, IL Embers Academy



Lucy M. Benes Branch W187 Valparaiso, NE St John Nepomucene School



Caroline G. Kanczes Branch J038 Pittsburgh, PA St Therese Of Lisieux School



Gemma R. Stoltzfus Branch J138 Lancaster, PA Lancaster County Christian School

# 2ND GRADE AWARDS \$750 Each



Stephen Beckman Branch J174 Niles, IL Embers Academy



Michael J. Esterle Branch J130 Muskego, WI Holy Apostles Catholic School

Alayna M. George Branch J174 Manhattan, IL St Joseph's Catholic School



Evelyn A. Klatka Branch J016 Strongsville, OH Sts Joseph & John School



Korbin R. Klug Branch W074 Salina, KS St Marys Grade School



Abigail M. Leigh Branch J138 Cary, NC St Michaels Catholic School



Leonard O. McMahon Branch J538 Toledo, OH Christ King School



Lawrence M. Schultes Branch W187 Valparaiso, NE St John Nepomucene Catholic School



Lauren K. Sestak Branch W093 Sioux Falls, SD St Mary Elementary School



Mary Tulley Branch J142 North Bellmore, NY St Elizabeth Ann Seton Regional School

Elliott V. Vo Branch W191 Lincoln, NE St Patrick Catholic School



1<sup>ST</sup> GRADE AWARDS \$750 Each



Leia R. Augustine Branch J475 Painesville, OH St Mary Of The Assumption



Benedict L. Benes Branch W187 Valparaiso, NE St John Nepomucene School



Brooks G. Brabec Branch W013 Colon, NE St Wenceslaus Catholic School



Addisen G. Brichacek Branch J540 Schuyler, NE Aquinas Catholic Elementary School



Benjamin V. Creal Branch W013 Prague, NE Aquinas Elementary School



Autumn R. Fiscus Branch W014 Coleridge, NE Holy Trinity Elementary School



Patrick S. Hrynko Branch J370 West Dundee, IL Saint Catherine Of Siena



Joseph R. Longenecker Branch W184 Lincoln, NE St Peter Catholic School



Adeline R. Simon Branch W001 New Prague, MN St Wenceslaus School



Adalynn R. Masek Branch W187 Valparaiso, NE St John Nepomucene School



Kara M. Tallent Branch J323 Easton, MD Sts Peter & Paul Elementary & Middle School



Corinne E. McCluskey Branch J192 Silver Lake, OH Holy Family School



John C. Wright
Branch W130
Clive, IA
Sacred Heart Elementary
School



Gwenyth M. McCluskey Branch J192 Silver Lake, OH Holy Family School



# 1st Communion



On Sunday, May 4th, 2025, Finn McCormack made his 1st Communion at Our Lady of the Angels Parish in Hanover, MA. Finn is the son of Cara and Sean McCormack and grandson of Sue and Donald McCarthy, members of Branch W137, Cedar Rapids, IA.

# **Annuity Rates**

These rates became effective for new business 6/1/2025

#### SILVER ELITE ANNUITY

- Flexible Premium Deferred Annuity (Contract FPA(5)-0713)
- 5.00% APY current credited interest rate effective June 1, 2025.\*
- 3.00% APY minimum guaranteed rate

#### **GOLD ELITE ANNUITY**

- Flexible Premium Deferred Annuity (Contract FPA(7)-0713)
- 5.10% APY current credited interest rate effective June 1, 2025.\*
- 3.00% APY minimum guaranteed rate

## **PLATINUM ELITE ANNUITY\*\***

- Flexible Premium Deferred Annuity (Contract FPA(10)-0415)
- 5.20% APY current credited interest rate effective June 1, 2025.\*
- 3.00% APY minimum guaranteed rate

\*Our credited rate may go up or down at anytime, but will never go below the minimum guaranteed rate. \*\*This product is not available in New York - Call for details.

For more information, please contact one of our knowledgeable representatives.



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Rating Date: October 2024

2024-2025 rating period
For the latest Best's Rating, access www.ambest.com



# IN MEMORIAM

#### Mary 'Ruth' (Timko) Palamidessi, S313



Mary 'Ruth' (Timko) Palamidessi, age 95, passed on Christmas day, 2024. We value the love and memories she shared with us and we will never stop being grateful for the gift of life she gave us. Mary "Ruth" (Timko) Palamidessi was born in Cleveland, Ohio, on March 30,1930. She is proceeded in

death by her husband of forty-three years, Aldo Palamidessi, her parents, Cecilia (Fador) Timko and Michael Timko (Bratislava, Czechoslovakia), and her sister, Katherine Hilovsky (Strongsville, Ohio). Prior to her marriage to Aldo Palamidessi in 1950, Ruth worked as a secretary at ALCOA in Arnold, Pennsylvania. When her daughters were young, she sold Tupperware. When they were teens she resumed work as a medical secretary, and later in the mail room, at Allegheny Valley Hospital in Natrona Heights, Pennsylvania. She enjoyed her garden, flower arranging, pottery making, and decorating her house with antiques that she often refurbished. She especially loved shopping and real estate. After her husband died, she sold her long-time home in Natrona Heights and moved to Venice, Florida, where she enjoyed living in the sun near the sea for 25 years. In Venice she volunteered in a thrift store that supported animal shelters. In 2021, she left Venice and moved north to Cumberland MD, to live with her daughter Pamela. Ruth continued to enjoy shopping, collecting cookbooks and having dinner out. She was a big fan of Martha Stewart, and watched all her TV shows. Ruth remained strongly independent until the end. Her children Christine Palamidessi (Bagedonow) of Cambridge, MA; Pamela (Palamidessi) Dimaio of Cumberland MD; sons in law Matthew Bagedonow and Brett Dimaio; and granddaughter Ruby Bagedonow of Boston, MA all mourn Ruth's passing. In lieu of flowers, memorial contributions may be made to Queen of Peace Church, 907 6th Ave., Patton, PA 16668.

#### Monica M. Paca, W051



Monica M. Paca, 94, of Garner passed away Saturday, January 7, 2023. She was the daughter of Joe and Mildred (Kopacek) Wellik, was born May 4, 1928, on her parents' farm west of Duncan. She attended schools in Britt and Liberty Township. On April 25, 1951, she was united in marriage to Leonard Paca at St.

Wenceslaus Catholic Church in Duncan. After their marriage, they moved to the farm south of Duncan until they retired in July 1988 and purchased a home in Garner. Every Saturday was spent baking kolachies, rohlicky and other types of bread for the week. She enjoyed sewing and made several quilts for her children and grandchildren. Every year she had a huge garden and strawberry patch. Monica's greatest love was for her husband, children, grandchildren and great-grandchildren, going to their activities, and especially her Catholic faith. She

will be remembered for her sense of humor and her kind and gentle soul. Monica was a member of St. Wenceslaus Catholic Church, a member and held several offices in the St. Wenceslaus Rosary Society. She was also a member of the Liberty Bells, Britt American Auxiliary, and the Polka Dance Club. Monica is survived by her seven children, Thomas (Jeri) Paca of Norwalk, Jane (Vance) Johnson of Britt, Doris (Kurt) Dallman of Garner, Eileen Plathe of Wesley, Kevin (Lynn) Paca of Britt, Bonnie (Mike) Johnson of Kanawha, and Daniel (Chris) Paca of Solon; 18 grandchildren; 22 great-grandchildren; her brothers, Joe (Gloria) Wellik, Marvin (Kay) Wellik, Jerry (Kathy) Wellik; sisters, Vivian (Bill) Pritchard and Millie (Paul) Horstman; brother-in law, Kenneth (Dianne) Paca; and many nieces and nephews.

#### Sister Irene Rose Kmetz, SS.C.M., S281



Sister Irene Rose Kmetz, SS.C.M., died Tuesday, December 24, 2024, in Danville. She was born in Gary, IN. on March 13, 1934, the daughter of John and Elizabeth (Hreha) Kmetz. Sister Irene Rose grew up in a large, close family of 7, her Mother and Father and 5 children. Sister often said that one great

joy as a Sister included the wonderful family of Sisters in Community with whom she lived each year. She graduated in 1951 from St. Cyril Academy in Danville, PA. She entered the Sisters of Saints Cyril and Methodius on Sept. 8, 1951, was received as a novice on Aug. 13, 1952, and professed vows on Aug. 9, 1954. Sister Irene Rose received a Bachelor of Arts degree in education from Marywood University in Scranton and a Master's in Reading from Cardinal Stritch College in Milwaukee, WI. Sister Irene Rose served in education for many years. She was both Teacher and Principal in the Diocese' of Harrisburg and Greensburg PA, Gary, IN and Chicago, IL. Sister also had a great love for serving the elderly and did so for nearly 25 years at Villa Saint Cyril and St Benedict Home, both in IL. When Sister Irene Rose was missioned to Maria Hall in Danville, PA she served in various capacities, most notably as coordinator of the Religious Articles Shop, which she managed with her sister, Sister Rosanne. Donations in memory of Sister Irene Rose can be made to the Sisters of Saints Cyril and Methodius, Villa Sacred Heart, 1002 Railroad Street, Danville, PA 17821.



#### Dorothy L. Polus, Z211

Dorothy L. Polus, age 101, of Calumet City, Illinois passed away February 6, 2025 in Munster, Indiana. Dorothy was a long-time serving President of Polish Women's Alliance District 1 in Illinois, as well as a Group and Council Officer. She was born to Joseph P.

and Barbara D. (nee Dombrowski) Litzan on September 1,

1923 in West Hammond, Illinois. Dorothy is survived by her daughter Barbara Polus Warner; daughter-in-law Elaine Polus; grandchildren: Sue (Zac) Warner Dawson, Paul (Heather Jeschke) Warner, Emily Warner, Jennifer Polus and Deborah Robson; great-grandchildren: Jake, Alex and Molly Warner, Megan Robson, Jaliyah McNeil! and Nick Stewart; sister Josephine Clark; numerous nieces and nephews. Dorothy was preceded in death by her husband Paul P. Polus, son Paul G. Polus, sister Joan Litzan, son-in-law John Warner, and brother-in-law Myron Clark. Dorothy was a lifelong parishioner of St. Andrew the Apostle Church. She was the Administrative Secretary to the Superintendent of Thornton District 215. Dorothy always gave her time as a volunteer to her church and community. She served as State President of the Polish Women's Alliance and President of Archdiocesan Council of Catholic Women, President of National Association of Education Personnel, among her other leadership affiliations. May she rest in Peace.



#### Ken Kuna, S485

Kenneth Joseph Kuna was born on August 22, 1946, and passed away on February 26, 2025, after courageously battling Parkinson's disease for many years. He leaves behind his sisters, Kathleen Kuna Gilbert (Steven) and Kristine Kuna Beaudette (Robert); his

wife, Kathleen Wingle Gannon Kuna; and his former wife, Mary Lynn Snow Kuna Walsh. He is also survived by his children, Alicia Kuna (David Beauvais) and Randall Kuna; stepchildren, Jennifer Gannon Bogner (Thomas) and Brian Gannon (Darlene); and nine grandchildren. He earned his Bachelor of Science degree, followed by a Master of Science in ceramic engineering in December 1969 from University of Illinois at Urbana-Champaign. Ken began his career at Ford Motor Company in September 1969 at the Lincoln Park, MI Glass Tech Center. Over the years, he advanced through a variety of plant and staff assignments within the Glass Division, including roles in Nashville, TN, and Niagara Falls, ONT. In May 1977, he earned an MBA from the University of Michigan in Ann Arbor. He retired from Ford in 1998. After a brief break, Ken joined Delta USA in Monroe, MI, the U.S. subsidiary of Delta Kogyo, Hiroshima, Japan, where he served as senior vice president of sales and manufacturing. In 2007, Ken joined the staff at the University of Detroit Mercy, where he served as associate dean in the School of Business, focusing on external relations. He retired from university in 2014. While Ken had an accomplished career, he believed that no achievement was ever accomplished alone. Beyond his professional life, Ken found joy in meaningful relationships with family and friends, celebrating traditions, events, and milestones.

## REPORT OF THE FCSLA NATIONAL TREASURER

### Balance Sheet As of 4/30/2025

Admitted Assets	
Category	2025
Cash & Short Term Investments	\$ 15,889,722
Bonds	1,030,425,720
Preferred Stock	1,020,000
Common Stock	339,195
Investment Income Due & Accrued	13,388,390
Property Plant & Equipment, Net	4,181,404
Certificate Loans & Accrued Interest	1,670,369
Other Assets	7,592
Interest Maintenance Reserve	4,943,259
Total Admitted Assets	\$ 1,071,865,651

Liabilities &Surplus	
Category	2025
Life Reserves	\$ 309,987,710
Annuity Reserves	628,971,385
Death Claims Payable	2,554,854
Unearned Premiums	359,274
Matured Endowments	314,222
Provision for Dividends Payable	1,400,000
Accumulated Dividends & Interest	5,390,860
Accrued Convention Donations	237,500
Provision for Future Conventions	221,613
Asset Valuation Reserve	11,875,822
Other Liabilities	2,139,386
Total Liabilities	\$ 963,452,626
Surplus	\$ 108,413,025
Total Liabilities and Surplus Funds	\$ 1,071,865,651

# Income Statement For Period Ending 4/30/2025

Revenue	
Category	2025
Insurance Premiums	\$ 2,534,219
Annuity Premiums	6,246,072
Investment Income	16,603,917
Amortization of IMR	(197,516)
Rental Income	152,932
Other Revenue	31,996
Total Revenue	\$25,371,620
Direct Expenses	
Category	2025
Change in Life & Annuity Reserves	\$(6,225,296)
Life & Annuity Benefits	26,549,561
Salaries - Life and Annuity Employees	276,676
Underwriting & Commissions Expenses	306,896
Total Direct Expenses	\$ 20,907,837
Net Revenue before General Operating and Fraternal Expenses	\$ 4,463,783
General Operating and Fraternal Activity Summary	
Category	2025
General Operating Expenses	\$ 2,870,103
Net Income before Fraternal Expenses, Dividends, Realized Capital Gains/(Losses)	1,593,680
Less :Fraternal Expenses	1,470,429
Less :Dividend to Members	510,851
Capital Gains/(Losses)	
Total Net Income /(Loss)	\$(387,600)



## STRAWBERRY-BLUEBERRY CRISP

For the Filling:

6 cups mixed fresh strawberries and blueberries (about 3 pints)

1/2 cup granulated sugar

1 tablespoon cornstarch

1 teaspoon fresh lemon juice

1/4 teaspoon coarse salt

For the Topping:

3/4 cup all-purpose flour

1/2 cup rolled oats (or chopped nuts, such as almonds)

1/2 teaspoon baking powder

1/2 teaspoon coarse salt

6 tablespoons unsalted butter, softened

1/3 cup granulated sugar

Preheat your oven to 375 degrees. In a bowl, mix the berries, sugar, cornstarch, lemon juice, and salt.

Transfer this mixture to an 8-inch square or round baking dish.

In a separate bowl, combine flour, oats (or nuts), baking powder, and salt.

Cream the butter and sugar together until pale and fluffy.

Add the dry ingredients to the butter mixture and mix until the topping forms clumps.

Evenly sprinkle the topping over the berry filling.

Bake for about 1 hour, or until the topping is golden brown and the filling is bubbling.

Let it cool for 30 minutes before serving.

## GRILLED LEMON HERB CHICKEN WITH QUINOA SALAD

2 boneless, skinless chicken breast

1 teaspoon dried rosemary

2 lemons

salt & pepper to taste

2 tablespoons olive oil

3/4 cups quinoa

1 small red pepper, diced

1/2 cucumber, diced

2 spring onions, thinly sliced

10 cherry tomatoes, halved

2 tablespoons lemon juice

Preheat your grill to medium-high neat.

In a small bowl, zest one lemon and squeeze the juice from both lemons. Set aside.

In a separate bowl, combine the olive oil, dried rosemary, salt, and pepper. Mix well.

Place the chicken breasts in a shallow dish and pour the lemon and herb marinade over them. Ensure the chicken is evenly coated. Let it marinate for about 10-12 minutes.

While the chicken is marinating, rinse the quinoa under cold water to remove any bitterness. Cook the quinoa according to package instructions.

In a large mixing bowl, combine the cooked quinoa, diced cucumber, diced red bell pepper, sliced spring onions, cherry tomatoes, lemon juice, and extra virgin olive oil. Toss well to combine. Season with salt and pepper to taste.

Grill the marinated chicken breasts for about 6-8 minutes per side or until cooked through. The internal temperature should reach 165 degrees.

Once cooked, remove the chicken from the grill and let it rest for a couple of minutes. Then, slice the chicken into thin strips.

Serve the grilled lemon herb chicken on top of the quinoa salad. Garnish with additional chopped herbs if desired.

#### MAINE LOBSTER ROLLS

1 pound cooked lobster meat (shelled, drained, and cooled)

3-4 tablespoons mayonnaise

1/4 cup finely chopped celery (optional) freshly-squeezed lemon juice (optional) kosher or sea salt and freshly-ground black pepper

4 large lettuce leaves, such as Bibb 4 split-top, flat-sided hotdog buns ("New England" style)

2 tablespoons unsalted butter, softened

Remove and discard any stray bits of shell or cartilage from the lobster meat and cut it into large chunks (about 3/4-inch).

In a bowl, gently toss lobster with

3 tablespoons mayonnaise and celery (if using). The lobster should be lightly-coated, but not weighed down by the mayonnaise. Add an additional tablespoon of mayonnaise, if needed.

Taste the lobster salad. Some brands of mayo are a bit tangier than others. If the salad needs more brightness, add a squeeze of fresh lemon juice. Season to taste with salt and pepper.

Cover the lobster salad and refrigerate for 30 minutes, or up to 6-8 hours if prepping ahead.

To assemble the lobster rolls, preheat a griddle over medium heat. Butter the flat sides of the hotdog buns and grill for just a couple of minutes per side, until toasted.

Place lettuce (if using) onto each bun and mound with 1/4 of the lobster salad. Place whole claw meat across the top of the roll for an impressive presentation.

# WATERMELON FETA SALAD

6 cups cubed watermelon
1/2 red onion, chopped
1/2 cup feta cheese
1/3 cup fresh mint leaves, chopped
Balsamic vinegar or balsamic glaze,
optional

In a large bowl combine cubed watermelon, red onion, feta, and mint. Stir until ingredients are well combined. Drizzle lightly with balsamic vinegar or glaze, if using. Serve chilled.

# PINEAPPLE PUDDING CAKE

1 package (9 ounces) yellow cake mix 1-1/2 cups cold milk

1 package (3.4 ounces) instant vanilla pudding mix

1 package (8 ounces) cream cheese 1 can (20 ounces) unsweetened crushed pineapple, well drained

1 carton (8 ounces) frozen whipped topping, thawed

1/4 cup chopped walnuts, toasted 20 maraschino cherries, well drained

Preheat oven to 350 degrees. Prepare cake mix batter according to package directions; pour into a greased 13 x 9-in. baking pan. Bake as directed, until a toothpick inserted near the center comes out clean. Cool completely on a wire rack.

In a large bowl, whisk milk and pudding mix for 2 minutes. Let stand 2 minutes or until soft-set.

In a small bowl, beat cream cheese until smooth. Beat in pudding mixture until blended. Spread evenly over cake. Sprinkle with pineapple; spread with whipped topping. Refrigerate at least 30 minutes; sprinkle with walnuts and cherries before serving.



8/25

# The FCSLA Life Mission Statement

We provide financial security to our members while embracing our Catholic values and Slavic traditions.

# The FCSLA Life Vision is to:

Be a Premier Fraternal Benefit Society that offers quality financial products and benefits.